

# Kennedy Krieger Institute

## Sexual Health and Intellectual and Developmental Disabilities: How Providers can Help



**Dr. Mirian Ofonedu, Ph.D., LCSW-C**, is the Director of Training at the Maryland Center for Developmental Disabilities at Kennedy Krieger Institute. She is an Associate Professor at the University of Maryland Baltimore (UMB) Graduate School and the Johns Hopkins University Bloomberg School of Public Health, Department of Mental Health. She is also a faculty affiliate of the Johns Hopkins Wendy Klag Center for Autism and Developmental Disabilities and Adjunct Professor at the UMB School of Social Work. Dr. Ofonedu is a psychologist, licensed clinical social worker and a fellow of the American Psychological Association (APA). Her work spans over two decades. [Click](#) to read presenter's bio.

**Date: Thursday, October 10, 2024**

**Time: 9 a.m. to 12:15 p.m. EST**

**Where: Live Interactive Webinar**

Registered participants will receive an e-mail with instructions on how to join the session.

**Objectives:** Participants will be able to:

1. Describe specific issues about sexuality for people with developmental disabilities
2. Discuss values and attitudes regarding sexuality and people with developmental disabilities
3. Utilize effective strategies in communicating about sexuality with people with developmental disabilities and their parents/caregivers.
4. Apply knowledge of using effective strategies while communicating with people with IDD and their families.

*For sexual health to be attained and maintained, the sexual rights of all persons must be respected, protected and fulfilled (WHO, 2006). People with intellectual and developmental disabilities (IDD) are often left out of the conversation about sexuality, almost as if they are incapable of having thoughts, feelings, and needs. In reality, they, too, are sexual beings that need information and skills for making healthy decisions about sexuality. This workshop will help providers who work with people with developmental disabilities and their families become more comfortable talking about this topic with people with developmental disabilities and their parents/caregivers, and how to help people with IDD have safe and satisfying relationships.*

**Instructional Level: Intermediate**

**Who Should Attend?** Psychologists, Social workers, Counselors, Educators, Parents and caregivers, Nurses, Clinical and medical staff, Direct support professionals and other community service providers, Speech-language pathologists, Physical and occupational therapists, Community members, Students/trainees.

**To Register, [Click](#) or Call 443-923-4114**

### 3.0 Continuing Education Hours

Maryland Center for Developmental Disabilities at Kennedy Krieger Institute is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs, and maintains full responsibility for this program. Kennedy Krieger Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Kennedy Krieger Institute maintains responsibility for this program and its content. 3.0 Continuing Education Credits (Category 1) will be granted to social workers and licensed psychologists. A Certificate of Attendance will be made available for all other disciplines. No conflicts have been identified (this includes commercial support and research grants/funding). The registration fees include: \$60 registration fee will be charged for professionals, \$20 registration for parents/caregivers/individuals with disabilities, and \$15 for students/trainees not seeking CE credit workshop registrations.

For more information on our Annual Learning Series or to request accommodation or assistance for individuals with disabilities, please contact us by phone at 443-923-4114, email [Training.MCDD@KennedyKrieger.org](mailto:Training.MCDD@KennedyKrieger.org), or visit [KennedyKrieger.org/MCDDTraining](http://KennedyKrieger.org/MCDDTraining). Requests should be made as soon as possible but at least seven days prior to the scheduled meeting.



Maryland Center for Developmental Disabilities  
at Kennedy Krieger Institute  
*Building Partnerships. Changing Lives.*