

Contact Us

Physicians & Healthcare Professionals

Our care management professionals can identify and provide information on appropriate clinical programs, handle referrals, obtain consultations with Institute physicians, and schedule appointments for patients.

Please call 443-923-9403 or email us at findaspecialist@kennedykrieger.org.

Contact Information

Kennedy Krieger Institute
707 North Broadway
Baltimore, Maryland 21205

Toll-free: 800-554-2080

Local: 443-923-9200

TTY: 443-923-2645 or Maryland Relay 711

www.kennedykrieger.org

Guide to Patient Care

PROGRAMS, CLINICS, AND SERVICES



We are all born with great potential.
Shouldn't we all have the chance to achieve it?

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Care is provided in a manner that preserves cultural, psychosocial, spiritual and personal values, beliefs, and preferences. We encourage patients and families to become active partners in their care by asking questions, requesting resources, and advocating for the services and support they need. 062012



Kennedy Krieger Institute



“It was wonderful to find all the services my son needed in one place, from a team of professionals working together. Kennedy Krieger has a special place in my heart.”

—Mother of patient

Areas of Specialization

Some of our specialties are:

- Autism spectrum disorders
- Behavioral disorders
- Bone disorders
- Brain injury
- Cerebral palsy
- Developmental disorders
- Down syndrome
- Feeding disorders
- Learning disorders
- Muscular dystrophy
- Rehabilitation
- Seizure disorders
- Sleep disorders
- Spina bifida
- Spinal cord injury and paralysis
- Sturge-Weber syndrome

For more information, visit
www.kennedykrieger.org.

Who We Are

For over 75 years, our renowned doctors, researchers, therapists, and educators have empowered individuals to unlock their potential and succeed in family, school, and community life. Serving more than 16,000 patients each year, we provide unique access to leading experts in neurorehabilitation, behavioral disorders, neurological disorders, and other disorders and injuries of the brain, spinal cord, and musculoskeletal system.

To ensure that our patients receive the best possible care, we take an interdisciplinary team approach that starts with the referring healthcare professional. Our staff works closely with professionals and the patient’s family to develop a comprehensive and individualized treatment plan. Depending on their needs, we offer patients a full continuum of care in a variety of settings, including:

- Inpatient units
- More than 60 outpatient programs
- Day treatment services
- Home and community programs

Listing of Patient Care Programs & Services

INPATIENT PEDIATRIC UNITS

Feeding Disorders Unit
Neurobehavioral Unit (NBU)
Rehabilitation Unit—Brain Injury, Pain Management, Post-orthopedic Surgery, and Spinal Cord Injury

OUTPATIENT CENTERS, PROGRAMS, AND SERVICES

International Adoption Clinic
Albright Clinic
Aquatic Therapy Program
Assistive Technology Clinic
Audiology Program
Center for Autism and Related Disorders
Barth Syndrome Clinic
Behavior Management Clinic
Bone Disorders Program
Botulinum Toxin Treatment Program
Brachial Plexus Clinic
Brain Injury Program



Phelps Center for Cerebral Palsy and Neurodevelopmental Medicine
Child and Family Support Program
Child and Family Therapy Clinic
Community Rehabilitation Program
Constraint-Induced and Bimanual Therapy Program
Cranial Cervical Clinic
Deafness-Related Evaluations Clinic
Center for Development and Learning
Developmental Cognitive Neurology Clinic
Pediatric Developmental Disorders Clinic
Down Syndrome Clinic and Research Center
Family Center
Family Support Services Program
Pediatric Feeding Disorders Program
Fetal Alcohol Spectrum Disorders Program
Focused Interdisciplinary Therapy Program
Fragile X Clinic
Healthy Lifestyles Therapy Program
Center for Holoprosencephaly and Related Malformations
Intrathecal Baclofen Program
Limb Difference Clinic
Military Behavioral Health Services
Movement Disorders Program
Center for Genetic Muscle Disorders
Neurobehavioral Outpatient Program
Neurology and Developmental Medicine Program
Neurology and Neurogenetics Clinic
Clinical Neurophysiology Clinic

(continued on next page)

Listing of Patient Care Programs & Services (continued)

Clinical **Neurophysiology** Laboratory
Neuropsychology Outpatient Clinics
Neurorehabilitation Concussion Clinic
NICU Follow-up Clinic
Nutrition Clinic
Occupational Therapy Clinic
Orthopedic Clinic
Osteogenesis Imperfecta Clinic
PACT: Helping Children with Special Needs
Pediatric **Pain Rehabilitation** Program
Physical Therapy Clinic
Psychiatry Clinic
Pediatric **Psychology and Consultation** Clinic
Pediatric **Rehabilitation** Clinics
Seating Clinic
Sleep Disorders Clinic and Laboratory
Social Work Outpatient Mental Health Clinic
Specialized Transition Program (STP)
Speech and Language Clinic
Philip A. Keelty Center for **Spina Bifida and Related Conditions**
International Center for **Spinal Cord Injury**
Hunter Nelson **Sturge-Weber** Center
Tuberous Sclerosis Clinic



Continuums of Care

Continuums allow patients to be seen through all phases of treatment, including 24-hour inpatient programs, day treatment, home- and community-based services, and outpatient programs. They include **Pediatric Feeding Disorders, Neurobehavioral Disorders, and Pediatric Rehabilitation (brain injury, pain management, post-orthopedic surgery, and spinal cord injury).**

Pediatric Feeding Disorders Continuum: This continuum consists of an interdisciplinary team that treats children and adolescents with feeding disorders through an evaluation clinic, an inpatient unit, a day feeding program, and outpatient services. Specialists in pediatric gastroenterology, pediatric nursing, behavioral psychology, occupational therapy, speech and language pathology, and nutrition work together to provide comprehensive assessment, treatment, and follow-up.

Neurobehavioral Continuum: This continuum provides treatment for individuals with developmental disabilities and a variety of severe behaviors, including self-injury, aggression, property destruction, and pica. Treatment is based on Applied Behavior Analysis and includes pharmacological interventions for problems stemming from psychiatric conditions. The continuum of care consists of several interrelated programs: an inpatient unit that provides intensive behavioral assessment and treatment

services not available elsewhere, as well as an outpatient clinic consisting of consultation service, a day treatment program, an intensive behavioral day treatment program, and a follow-up program for patients discharged from the inpatient unit.

Pediatric Rehabilitation Continuum: This continuum provides comprehensive rehabilitation to children and adolescents with brain injuries, spinal cord injuries, cerebral palsy, and other neurodevelopmental disorders. Patients requiring care after orthopedic surgery are also treated here. The Rehabilitation continuum of care is directed by a pediatric physiatrist and includes an inpatient unit, day programs, and other intensive integrated programs and outpatient clinics for diagnosis, treatment, and follow-up services.



Center, Clinic, and Program Summaries

International Adoption Clinic: Pre- and post-adoption services are offered for families who are adopting a child either internationally or domestically. Services prepare families to care for newly-adopted children and to augment care provided by the child's primary healthcare provider. The clinic helps identify potential areas of medical or developmental concerns by providing medical evaluation and preventive care and by making referrals for appropriate resources.

Albright Clinic: Dedicated to managing and treating patients with Albright hereditary osteodystrophy (AHO), this clinic aims to improve the overall health and quality of life and develop new treatments for patients with AHO. The clinic provides comprehensive medical evaluation and care, genetic testing, and the opportunity to join clinical trials.

Aquatic Therapy Program: Staffed by therapists who are certified in advanced aquatic techniques, this program features two state-of-the-art pools that provide a range of warm-water temperatures and therapeutic treatment options. By allowing patients to escape the limitations of gravity and do more than they can on land, aquatherapy helps them to more quickly achieve their therapeutic goals.

Assistive Technology Clinic: A team of professionals from speech pathology, occupational therapy, and physical therapy works with rehabilitation technology specialists to provide services and equipment to clients.

Audiology Program: This program offers comprehensive audiological and hearing aid evaluations, auditory processing evaluation testing, aural rehabilitation, hearing aid dispensing, measurement of otoacoustic emissions, and auditory electrophysiological testing. Sedation is available for auditory electrophysiological testing if patients cannot cooperate sufficiently for test procedures.

Center for Autism and Related Disorders (CARD): This interdisciplinary program combines research, assessment, early intervention services, community outreach, and training to improve the lives of individuals with autism spectrum disorders, their families, and the community that cares for them. The center endorses a flexible treatment approach and adjusts core methods and intervention goals to meet the needs of each child.

Barth Syndrome Clinic: This clinic is one of the few programs in the world dedicated to the diagnosis and treatment of individuals with Barth syndrome. The interdisciplinary clinic features a unique collaboration among experts in Barth syndrome, including clinicians, research scientists, and rehabilitation professionals. Because Barth syndrome affects so many systems of the body, treating a patient with this disorder often requires the involvement of experts from a wide range of medical specialties who are available at the Institute.

(continued on next page)

Center, Clinic, and Program Summaries (continued)



Behavioral Management Clinic: This clinic assesses and treats common behavioral problems and disorders for children ages 2 through 12 who have varying levels of function, including mild cognitive and speech delays. The clinic focuses strongly on caregiver training. Children may also be treated individually or in groups to address skill deficits and internalizing problems. Offsite treatment includes home visits and community sessions to facilitate generalization and maintenance of treatment gains.

Bone Disorders Program: Calling on a wide range of disciplines—including endocrinology, orthopedics, rehabilitation, neurosurgery, and nutrition—this program provides comprehensive support and treatment for children and young adults with complex medical and surgical issues involving acquired and inherited bone disorders.

Botulinum Toxin Treatment Program: This program evaluates individuals with a variety of neurological disorders who have limited functional range of motion due to spasticity or dystonia, and treats them with medicinal Botulinum Toxin (Botox®) when appropriate. Program specialists develop an intervention plan in collaboration with the family designed to address the specific needs of each patient.

Brachial Plexus Clinic: This interdisciplinary outpatient clinic serves children and adults who have either birth-related or traumatic brachial plexus injuries. Each client receives a comprehensive evaluation, treatment recommendations, and follow-up.

(continued on next page)

Center, Clinic, and Program Summaries (continued)

Brain Injury Program: This program serves children and adolescents with intensive rehabilitation needs caused by neurologic injury or illness. Components include an inpatient **Brain Injury Unit**, multiple outpatient clinics to address short- and long-term rehabilitation needs and follow-up services, a transitional program to aid in community reintegration, and community-based therapies. Treatment plans and use of these services are customized to a patient's needs by an experienced staff of pediatric psychiatrists, educators, therapists, and psychologists.

Phelps Center for Cerebral Palsy and Neurodevelopmental Medicine: This center assesses infants with suspected developmental delays and provides comprehensive care for children and adults with a wide range of disabilities, including cerebral palsy and intellectual disability. We offer a long-term approach, including comprehensive evaluation and ongoing follow-up.

Child and Family Support Program: This home-, center-, and community-based program offers occupational, physical, and speech therapies to children from birth through age 6, and provides caregiver training and mental health services for children, adolescents, and families living in Baltimore, Maryland. This is a family-centered program that views the parent or guardian as the primary decision-maker in managing a child's therapy.

Child and Family Therapy Clinic: This clinic provides outpatient services to families and children exhibiting a wide range of emotional and behavioral difficulties, including oppositional/defiant disorder, parent-child conflicts, attention deficits, school disruption or truancy, aggression, verbal abuse, tantrums, inappropriate sexual behavior, mood disturbances, phobias, and social skills deficits.

Community Rehabilitation Program: This comprehensive program addresses the complex issues faced by individuals with neurological injuries. A coordinated treatment team provides therapies in the patient's home, school, or local community. It assists patients and their families on a temporary basis toward long-term recovery.

Constraint-Induced and Bimanual Therapy Program: This specialized therapy focuses on increasing upper extremity function for children with hemiparesis, using an evidence-based understanding of the brain's natural ability to form new connections. Our unique program combines a period of daily constraint-induced movement therapy followed by a period of intensive bimanual therapy to ensure carry-over of new skills.

Cranial Cervical Clinic: Serving infants and young children with plagiocephaly and torticollis, this clinic provides comprehensive evaluations and coordinates care to ensure the earliest and most appropriate intervention possible.

(continued on next page)

Center, Clinic, and Program Summaries (continued)

Deafness-Related Evaluations Clinic: This clinic offers a range of comprehensive neuropsychological services to deaf and hard-of-hearing children who are not meeting milestones and who are struggling in school, demonstrating behavior issues, or exhibiting social problems.

Center for Development and Learning: This outpatient program evaluates and treats children from preschool through adolescence with problems related to language development, attention, learning, behavior, school adjustment, and autism spectrum disorder. The center's physicians, nurse practitioners, social workers, and educators work together to offer appropriate diagnoses and treatments, medication, counseling, and educational evaluation services.

Developmental Cognitive Neurology Clinic: This clinic provides diagnostic and treatment services that include medication management and educational therapy for individuals ages 5 to 50 with complex, but subtle, cognitive problems affecting school or work. It also provides educational, neuropsychological, and developmental cognitive neurology evaluations.

Pediatric Developmental Disorders Clinic: This clinic provides a range of behavioral assessments and treatments for children and adolescents diagnosed with, or suspected of having, a broad range of developmental and behavioral disorders. Services are provided primarily to families, with a focus on identifying environmental variables that motivate and maintain problematic behaviors.



Down Syndrome Clinic and Research Center: This clinic provides initial and follow-up evaluations, medical consultation, parent training, and therapy. Researchers focus on neurobehavioral and sleep disorders, cognition, mental health, and structural heart defects.

Family Center: Comprehensive clinical programs are offered for children and families affected by, or at risk for, trauma caused by maltreatment, neglect, and exposure to violence. The interdisciplinary staff includes child psychiatrists, clinical psychologists, clinical social workers, bilingual therapists, certified professional counselors, early childhood educators, family advocates, and recreational therapy assistants.

(continued on next page)

Center, Clinic, and Program Summaries (continued)

Family Support Services Program: This program provides home- and community-based support, resources, and coordination of services to families whose children have developmental delays, developmental disabilities, and special health care needs. Services are available to families with children from birth to age 22 residing in Baltimore City, Baltimore County, or Anne Arundel County.

Pediatric Feeding Disorders Program: This program combines the medical expertise and therapeutic techniques of behavioral psychology in the treatment of children with feeding disorders, including disruptive meal time behaviors, failure to consume enough nutrients to promote growth, and abnormal suck and swallow patterns. Our interdisciplinary team of specialists can measurably increase a child's appropriate eating behavior while decreasing inappropriate behavior, so that meal time can become family time again. The program comprises several interrelated programs, including an inpatient unit that offers a comprehensive program to evaluate and treat individuals who require 24-hour nursing, medical supervision, or fluid intake; outpatient clinics; and day treatment programs.

Fetal Alcohol Spectrum Disorders Program: This program provides comprehensive interdisciplinary evaluation for children and adolescents with a history of prenatal exposure to alcohol. Evaluations are tailored to meet the needs of each individual patient and to assist in

determining appropriate diagnoses, selecting and implementing integrated treatment protocols, and identifying community and school supports.

Focused Interdisciplinary Therapy Program: This program offers intensive therapies targeting specific goals for children and adolescents with persistent, physically disabling conditions. Structured, highly repetitive practice of skills in a variety of contexts often helps a child acquire that particular skill more quickly. Patients enrolled in the program typically receive therapy services three to six hours per day, five days a week, for two to six weeks.

Fragile X Clinic: This clinic provides comprehensive evaluation and treatment services for children and adults with Fragile X syndrome and Fragile X-associated disorders. The clinic is staffed by an interdisciplinary team of experts in neuropsychology, speech-language pathology, psychiatry, and neurology, and offers record consultations, comprehensive evaluations, medication management, and referral services.

Healthy Lifestyles Therapy Program: This program is designed to help patients ages 4 to 21 with chronic physical impairments to explore their exercise options (e.g., aquatics, yoga, and adapted sports), begin an exercise program designed by an experienced therapy team, and continue their regimens at home or in community gyms.

(continued on next page)

Center, Clinic, and Program Summaries (continued)

Center for Holoprosencephaly and Related Malformations:

This center is part of a national multicenter collaboration providing education, family support, research, and clinical care for children with holoprosencephaly (HPE). Because of the highly variable presentation of HPE, an individualized evaluation and care plan is designed for each child in collaboration with the family or caregivers. When appropriate, consultations regarding mobility, communication, feeding, nutrition, and behavior problems will be arranged.

Intrathecal Baclofen Program: This program evaluates individuals with severe spastic and dystonic hypertonicity for placement and ongoing management of intrathecal baclofen pumps. The clinic includes pediatric neurosurgery from The Johns Hopkins Hospital, pediatric nursing, neurodevelopmental pediatrics, and physical therapy.

Limb Difference Clinic: This clinic provides quality, comprehensive medical care that focuses on optimizing health and function for those with congenital, post-surgical, or trauma-related limb differences. Each patient receives a comprehensive evaluation, treatment recommendations, and follow-up from our interdisciplinary team, which includes physicians, therapists, and prosthetists.

Military Behavioral Health Services: We provide behavioral health services targeting the unique needs of the families of service men and women in active duty,

(continued on next page)



Center, Clinic, and Program Summaries (continued)

National Guard, and Reserve, and veterans at multiple locations convenient to bases in Maryland. Our trained staff of behavioral psychologists includes practitioners with military backgrounds or training in military issues, giving them insight into the stresses these families face.

Movement Disorders Program: This program offers evaluation and treatment of individuals with abnormalities of tone, posture, and movement to improve ease of care, positioning, and function. Consultations are available for orthopedic management, bracing, BOTOX[®], seating, mobility, and communication.

Center for Genetic Muscle Disorders: This center provides individualized interdisciplinary care for children and adults with muscular dystrophy and congenital myopathy. Comprehensive care involves diagnosis and management of the disease from neurologists and rehabilitative therapists with muscle expertise. Patients receive access to novel therapies and research and can remain in the program from childhood through adolescence, and throughout adult life.

Neurobehavioral Outpatient Program: This program offers a range of outpatient services for children and adults with severe problem behaviors who present a risk of injury to themselves and others, have not responded to previous interventions, or are at risk for restrictive placement.

Neurobehavioral Unit: This 16-bed inpatient unit offers unique, integrated, and targeted applications of behav-

ioral and pharmacological interventions with a data-based approach. This unit serves individuals with developmental disabilities who are self-injurious and aggressive, and display other severe and highly treatment-resistant behavioral disorders.

Neurology and Developmental Medicine Program: This program evaluates and follows children, adolescents, and adults with a range of developmental disorders including cerebral palsy, intellectual disability, communication disorders, and autism. The team includes neurodevelopmental pediatricians, pediatric nurse practitioners, and physiatrists.

Neurology and Neurogenetics Clinic: This clinic provides diagnostic services, therapeutic interventions, and genetic counseling for a broad spectrum of disorders affecting the brain and central nervous system. Our clinicians have extensive training and special expertise in neurological disorders. As leading experts in their field, they also conduct innovative research related to many of these conditions.

Clinical Neurophysiology Clinic: This clinic evaluates and treats children with a broad range of disorders affecting the brain and nervous system, including epilepsy and seizures, headaches, movement disorders, and encephalopathies. We provide services for local residents and second opinions for children across the country and the world. Neurologists also follow adults with central nervous system conditions arising out of childhood.

(continued on next page)

Center, Clinic, and Program Summaries (continued)



Clinical Neurophysiology Laboratory: This lab specializes in performing EEGs and sleep studies (PSGs) in children and adults with disabilities, often to evaluate or rule out seizures or sleep abnormalities. The lab conducts outpatient, overnight EEGs for individuals who may have sleep-related seizures. Our specialists have specific experience in caring for individuals with the kinds of behavioral issues that usually complicate these tests.

Neuropsychology Outpatient Clinics: The outpatient assessment services within the Department of Neuropsychology are organized into eight specialized clinics. Individuals referred for assessment are assigned to one of these clinics based upon specific needs. We offer comprehensive neuropsychological and psychological assessment services for children with a range of medical, neurological, developmental, attention, learning, emotional, and behavioral concerns from birth to young adulthood. Our programs apply professional expertise to understanding development and function, and emphasize targeted treatment recommendations to families, schools, and other professionals.

Neurorehabilitation Concussion Clinic: In this clinic, children ages 5 to 18 are seen by a physician and a neuropsychologist for diagnosis and treatment of a concussion. The goal is to determine the best path for the child's recovery and to help the child return to academic, athletic, and community life. The clinic also provides education and support for families who have questions about their child's recovery.

(continued on next page)

Center, Clinic, and Program Summaries (continued)

NICU Follow-up Clinic: In coordination with local NICUs, this interdisciplinary clinic monitors newborns with low birth weight and other high-risk issues from infancy into later childhood. Follow-up includes assessment for developmental disabilities, including sensory disorders, motor disorders, learning and language disorders, cognitive impairments, and behavior problems.

Nutrition Clinic: This clinic provides assessment, diagnosis, intervention, and monitoring to help children achieve optimal nutrition, health, and well-being. Working within interdisciplinary teams, nutritionists specify food intake to meet each individual's identified needs, modify nutrient composition and texture consistency of diets, translate prescribed orders into meal plans, and pinpoint food and supplement choices and preparation techniques.

Occupational Therapy Clinic: This clinic offers evaluation and treatment to improve fine motor skills, activities of daily living (including eating, dressing, hygiene, toileting, and play activities), oral motor skills, and adaptive seating needs. It also addresses upper extremity strength and control for improved participation in age-appropriate activities.

Orthopedic Clinic: This clinic evaluates children for orthopedic problems such as gait disorders, subluxation of the hips, and scoliosis. Unique to Kennedy Krieger Institute is the ability to combine operative care with intensive post-operative physical therapy, maximizing surgical benefit.

Osteogenesis Imperfecta Clinic: This clinic diagnoses, treats, and manages children and adults with osteogenesis imperfecta (OI) and related inherited disorders. The program conducts clinical research in OI and directs the OI registry.

PACT: Helping Children with Special Needs: PACT provides comprehensive services to children with disabilities (primarily younger than 5 years) and their families. Services include a medical childcare center staffed by nurses, childcare teachers, and therapists; childcare for young children whose families are homeless; state-wide training and mentoring to childcare providers in strategies for including children of all abilities in their programs; and training and support for parents with intellectual disabilities.

Pediatric Pain Rehabilitation Program: This program provides inpatient and outpatient interdisciplinary evaluation, treatment, and follow-up services for children and adolescents with chronic pain that causes functional disability. The program helps patients develop pain coping skills and participate more fully in daily activities. Patients are evaluated and treated in the outpatient clinic and could be referred to the inpatient unit if appropriate.

(continued on next page)

Center, Clinic, and Program Summaries (continued)



Physical Therapy Clinic: This clinic provides assessment and offers therapeutic exercise to improve muscle strength, joint range of motion, posture, balance, and coordination, as well as taping and myofascial work. The clinic also offers education, instruction, and training in motor functions that enable children to participate in daily activities at home and in the community. Special equipment such as braces, walkers, and wheelchairs may be recommended to improve independence or mobility.

Psychiatry Clinic: This clinic serves children with psychiatric disorders in conjunction with intellectual disability, specific genetic syndromes, or other developmental disabilities. The clinic also provides services to children with, or in need of, a mental health diagnosis or treatment, and to children diagnosed with Fetal Alcohol Spectrum Disorder.

Pediatric Psychology and Consultation Clinic: This clinic uses behavior analysis and therapy to teach children and families skills for coping with pain, anxiety, and behavioral symptoms associated with chronic medical conditions. By addressing the learning, behavioral, and psychosocial challenges associated with diagnosing and treating medical problems, individuals can better benefit from advanced diagnostic procedures and therapies and improve their quality of life.

(continued on next page)

Center, Clinic, and Program Summaries (continued)

Pediatric Rehabilitation Clinics: These clinics provide comprehensive evaluation, treatment, and follow-up for children and adolescents with a variety of rehabilitation needs. They address medical, physical, behavioral, cognitive, and educational issues related to acquired brain injury and other disorders that affect functional skills. Clinics are staffed by an interdisciplinary team that may include pediatric physiatrists, neuropsychologists, behavioral psychologists, social workers, and educators.

Pediatric Rehabilitation Inpatient Unit: This inpatient unit offers comprehensive and interdisciplinary treatment, evaluation, and follow-up services for patients with rehabilitation needs resulting from a variety of causes, including brain injury, spinal cord injury, pain management, and post-orthopedic surgery. The rehabilitation unit provides 24-hour medical and nursing care, along with intensive therapy services for patients who need rehabilitation in an inpatient setting.

Seating Clinic: This clinic provides seating and mobility options for patients with special needs. Therapists experienced in seating and positioning people with disabilities evaluate clients to determine their functional status, medical concerns, positioning needs, and environmental and social issues related to seating.

Sleep Disorders Clinic and Laboratory: This clinic and lab offers interdisciplinary assessment and management for children with sleeping challenges, including snoring,

difficulty falling asleep and staying asleep, unusual sleep/wake schedules, and disruptive sleep schedules. The clinic provides evaluations, medical management, and behavioral recommendations. If the sleep disorder requires further evaluation, the child will be seen in our innovative sleep lab for a sleep study and evaluation.

Social Work Outpatient Mental Health Clinic: This clinic provides mental health services to children and adults with developmental disorders and medical conditions. Services include evaluation; individual, family, and group treatment; and help with coping skills.

Specialized Transition Program: This comprehensive rehabilitation day hospital treats children and adolescents with intensive therapy needs related to neurological and orthopedic conditions. Patients receive a full range of cognitive and physical rehabilitation services, including rehabilitation medicine and nursing, in an educational setting that offers a more natural environment for school-aged children.

Speech and Language Clinic: This clinic assesses and treats children in the toddler through adolescent age range. It focuses on helping children and their parents learn strategies for improving functional communication, oral-motor, and feeding and swallowing skills. Treatment sessions may be offered in conjunction with other departments, as appropriate.

(continued on next page)

Center, Clinic, and Program Summaries (continued)

Philip A. Keelty Center for Spina Bifida and Related Conditions: This center cares for children and adults with spina bifida, myelomeningocele (meningomyelocele), myelodysplasia, and other related conditions of the brain and spine, such as hydrocephalus, Arnold-Chiari malformation, and tethered spinal cord syndrome. We also serve patients with other complex birth defects and other multiple congenital anomaly syndromes. The center's interdisciplinary approach provides quality medical care that focuses on optimizing health and function, preventing secondary conditions, and coordinating health care services.

International Center for Spinal Cord Injury: This center helps children and adults with spinal cord paralysis caused by accidents, strokes, tumors, birth defects, and other causes. Treatment goals include improvement of health and optimal recovery of day-to-day and neurologic function. As a research facility, the center's mission is to incorporate today's science into clinical care by developing and applying advanced rehabilitation restoration strategies that promote spontaneous recovery in those living with paralysis. This center provides inpatient care for children through the age of 21 and outpatient care to individuals of all ages.



Hunter Nelson Sturge-Weber Center: This center offers comprehensive medical care with diagnostic evaluation and an interdisciplinary treatment approach for patients with Sturge-Weber Syndrome (SWS). With specialists in neurology, epileptology, ophthalmology, dermatology, neuroradiology, rehabilitative medicine, endocrinology, and psychiatry, the center works closely with parents, local physicians, and teachers to provide an overall management plan for each patient's ongoing care.

Tuberous Sclerosis Clinic: The Tuberous Sclerosis Clinic is only one of about 30 clinics in the United States dedicated specifically to the care of individuals affected by tuberous sclerosis complex (TSC) and their families. We provide expert care for individuals who experience conditions associated with TSC. Although we place special emphasis on the identification and treatment of autism, intellectual disability, anxiety, ADHD, self-injury, and aggression in individuals with TSC, our clinic treats anyone with the disorder, as well as their families.



REFERRING AN INTERNATIONAL PATIENT:

Kennedy Krieger coordinates all services — whether medical or nonmedical — for families traveling to Kennedy Krieger from outside the United States, both before they depart and throughout their stay. Our experienced, multilingual staff is the primary liaison between you and the patient care team.

Our Services:

- Medical screening coordination and medical records review
- Information about diagnosis and treatment options
- Appointment scheduling and follow-up
- Interpreter services
- Assistance with travel arrangements and accommodations

To contact our International Care Management Coordinators, please call 1-888-554-2080 or email international@kennedykrieger.org.

OUR MISSION

We at the Kennedy Krieger Institute dedicate ourselves to helping children and adolescents with disorders of the brain, spinal cord, and musculoskeletal system achieve their potential and participate as fully as possible in family, school, and community life.