

OCTOBER LEAP PARENT MENU 2017-2018

| Monday 10/2 | Tuesday 10/3 | Wednesday 10/4 | Thursday 10/5 | Friday 10/6 |
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| <p>Roast Turkey with Gravy and WG Roll</p> <p>Roasted Sweet Potato Broccoli Florets Fresh Fruit and Applesauce 1% Milk</p> | <p>Beef Stew and WG Biscuit Whole Kernel Corn Marinated Vegetable Salad Fresh Fruit and Pineapple 1% Milk</p> | <p>Shepherd Pie with WW Roll, Carrots and Pineapple Coleslaw</p> <p>Orange Juice and Fresh Apple 1% Milk</p> | <p>Carolina BBQ Chicken with WG Roll</p> <p>California Blend Seasoned Spinach Fresh Fruit and Pears 1% Milk</p> | <p>Cheese Pizza WG Crust</p> <p>Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Peaches 1% Milk</p> |
| Monday 10/9 | Tuesday 10/10 | Wednesday 10/11 | Thursday 10/12 | Friday 10/13 |
| <p>Chili Cheese Fries with WG Roll</p> <p>Green Peas Golden Chef Cut Vegetables Fresh Fruit and Pears 1% Milk</p> | <p>Krispy Chicken with Brown Pilaf Rice and WW Roll</p> <p>Broccoli Florets Cucumber and Tomato Salad Fresh Fruit and Applesauce 1% Milk</p> | <p>Beef, WG Macaroni and Tomato Casserole with Creamy Coleslaw, WG Roll and Carrots</p> <p>Apple Juice and Fresh Orange 1% Milk</p> | <p>Salisbury Steak with Gravy and WG Roll</p> <p>Roasted Sweet Potatoes Green Peas Fresh Fruit and Peaches 1% Milk</p> | <p>Cheese Pizza WG Crust</p> <p>BBQ Baked Beans Tossed Salad with Dressing Fresh Fruit and Pineapple 1% Milk</p> |
| Monday 10/16 | Tuesday 10/17 | Wednesday 10/18 | Thursday 10/19 | Friday 10/20 |
| <p>Roast Turkey with WG Stuffing, WW Roll and Gravy</p> <p>Mashed Potatoes Broccoli Florets Fresh Fruit and Peaches 1% Milk</p> | <p>Vegetable Lasagna with WG Bread Stick</p> <p>Green Beans Marinated Vegetable Salad Fresh Fruit and Pears 1% Milk</p> | <p>WG Taco Casserole with Carrot Coins, Southwestern Coleslaw, and WG Roll</p> <p>Orange Juice and Fresh Apple 1% Milk</p> | <p>Carolina BBQ Chicken with WG Roll</p> <p>Sweet Potatoes Fries Seasoned Collard Greens Fresh Fruit and Pineapple 1% Milk</p> | <p>Cheese Pizza on WG Crust</p> <p>Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Applesauce 1% Milk</p> |
| Monday 10/23 | Tuesday 10/24 | Wednesday 10/25 | Thursday 10/26 | Friday 10/27 |
| <p>Spaghetti and Meatballs with WG Bread Stick</p> <p>Green Peas Pacific Chef Cut Vegetables Fresh Fruit and Pineapples 1% Milk</p> | <p>Herb Baked Chicken with WG Roll</p> <p>Roasted Sweet Potatoes Spinach and Tomato Salad Fresh Fruit and Peaches 1% Milk</p> | <p>Cheesy Beef Casserole with Carrot Coins, Confetti Coleslaw and WG Roll</p> <p>Apple Juice and Fresh Orange 1% Milk</p> | <p>Meatloaf with WG Roll and Gravy</p> <p>Mashed Potatoes Broccoli Florets Fresh Fruit and Applesauce 1% Milk</p> | <p>Cheese Pizza on WG OR Southwestern</p> <p>Spicy Baked Beans Tossed Salad with Dressing Fresh Fruit and Pears 1% Milk</p> |