

SEPTEMBER HIGH SCHOOL MENU 2017-2018

Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
LABOR DAY	Herb Baked Chicken with WG Roll OR Teriyaki Steak Bomb on WG Bun OR Selection of Pre-made Salads and Sandwiches with WW Roll Roasted Sweet Potatoes Spinach and Tomato Salad Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk	Cheesy Beef Casserole with Carrot Coins, Confetti Coleslaw and WG Roll OR Selection of Pre-made Salads with WW Roll Apple Juice and Fresh Orange 1% Milk or FF Chocolate Milk	Meatloaf with WG Roll and Gravy OR Turkey Carnitas Burrito on WG Tortilla OR Selection of Pre-made Salads and Sandwiches with WW Roll Mashed Potatoes Broccoli Florets Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk	BBQ Chicken or Cheese Pizza on WG OR Southwestern Turkey Burger on WW Bun Lettuce, Tomato and Ketchup OR Selection of Pre-made Salads and Sandwiches with WW Roll Spicy Baked Beans Tossed Salad with Dressing Fresh Fruit and Pears 1% Milk or FF Chocolate Milk
Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
Roast Turkey with WG Stuffing, WW Roll and Gravy OR Sloppy Joe Sandwich on WW Bun OR Selection of Pre-made Salads and Sandwiches with WW Roll Mashed Potatoes Broccoli Florets Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk	Vegetable Lasagna with WG Bread Stick OR Philly Steak WG Hoagie Roll OR Selection of Pre-made Salads and Sandwiches with WW Roll Green Beans Marinated Vegetable Salad Fresh Fruit and Pears 1% Milk or FF Chocolate Milk	WG Taco Casserole with Carrot Coins, Southwestern Coleslaw, and WG Roll OR Selection of Pre-made Salads with WW Roll Orange Juice and Fresh Apple 1% Milk or FF Chocolate Milk	Carolina BBQ Chicken with WG Roll OR Crunchy Pollack Burger on WW Bun with Tartar Sauce OR Selection of Pre-made Salads and Sandwiches with WW Roll Roasted Sweet Potatoes Seasoned Collard Greens Fresh Fruit and Pineapple 1% Milk or FF Chocolate Milk	Hamburger or Cheese Pizza on WG Crust OR Hot Dog on WW Bun with Mustard OR Selection of Pre-made Salads and Sandwiches with WW Roll Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk
Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
Chili Cheese Fries with WG Roll OR Turkey Burger on WW Bun with Tomato, Lettuce and Ketchup OR Selection of Pre-made Salads and Sandwiches with WW Roll Green Peas Golden Chef Cut Vegetables Fresh Fruit and Pears 1% Milk or FF Chocolate Milk	Krispy Chicken with Brown Pilaf Rice and WW Roll OR Meatball Sandwich on WG Hoagie OR Selection of Pre-made Salads and Sandwiches with WW Roll Broccoli Florets Cucumber and Tomato Salad Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk	Beef, WG Macaroni and Tomato Casserole with Creamy Coleslaw, WG Roll and Carrots OR Selection of Pre-made Salads WG Roll with WW Roll Apple Juice and Fresh Orange 1% Milk or FF Chocolate Milk	ROSH HASHANAH	Sausage or Cheese Pizza WG Crust OR Fish WG Sandwich and Tartar Sauce OR Selection of Pre-made Salads and Sandwiches with WW Roll BBQ Baked Beans Tossed Salad with Dressing Fresh Fruit and Pineapple 1% Milk or FF Chocolate Milk
Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Friday 9/28
Roast Turkey with Gravy and WG Roll OR Hot Dog on WW Bun with Mustard OR Selection of Pre-made Salads and Sandwiches with WW Roll Sweet Potato Broccoli Florets Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk	Beef Stew and WG Biscuit OR BBQ Chicken Sandwich on WW Bun OR Selection of Pre-made Salads and Sandwiches with WW Roll Whole Kernel Corn Marinated Vegetable Salad Fresh Fruit and Pineapple 1% Milk or FF Chocolate Milk	Shepherd Pie with WW Roll, Carrots and Pineapple Coleslaw OR Selection of Pre-made Salads with WG Roll Orange Juice and Fresh Apple 1% Milk or FF Chocolate Milk	Honey Sesame Chicken Nuggets with Brown Rice and WW Roll OR Egg and Sausage WG Sandwich OR Selection of Pre-made Salads and Sandwiches with WG Roll California Blend Seasoned Spinach Fresh Fruit and Pears 1% Milk or FF Chocolate Milk	Taco or Cheese Pizza WG Crust OR Hamburger on WW Bun with Lettuce, Tomato and Ketchup OR Selection of Pre-made Salads and Sandwiches with WW Roll Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk