



Disease	<ul style="list-style-type: none"> • LBSL - Leukoencephalopathy with Brain Stem and Spinal Cord Involvement and Lactate Elevation
Alternate	<ul style="list-style-type: none"> • Mitochondrial Aspartyl-tRNA Synthetase Deficiency • DARS2 mutation
Nickname	<ul style="list-style-type: none"> • “Awesome Disease”
Disease Description	<ul style="list-style-type: none"> • Leukoencephalopathy with brainstem and spinal cord involvement and lactate elevation (LBSL) is a rare leukodystrophy caused by biallelic mutations in the DARS2 gene and characterized by progressive ataxia and spasticity with proprioceptive deficits. Deterioration of motor skills starts in childhood and often progresses to loss of independent walking by adulthood. (KKI) • LBSL is an ultra-rare, progressive, genetic condition that is both a mitochondrial disorder (affecting energy to the cells), and a form of leukodystrophy (affecting the brain, spinal cord, and nerves). • First identified in 2004, LBSL is caused by mutations in the DARS2 gene, which provides the body with instructions for making an enzyme called mitochondrial aspartyl-tRNA synthetase. This enzyme is important for production of proteins in the mitochondria – the energy factories of our cells, which turn nutrients into energy. As a result of mutations in DARS2, certain parts of nervous system do not have sufficient energy to function properly affecting their function and the production of myelin. • LBSL can manifest as infantile onset, early childhood onset, late childhood onset, and adult onset.



Genetics	<ul style="list-style-type: none"> • Gene: DARS2 • Chromosome 1q25 • Inheritance: autosomal recessive • Variants: <ul style="list-style-type: none"> • LOVD open database • ClinVar Miner • dbVar • NIH Variation Viewer • dbSNP
Classification	<ul style="list-style-type: none"> • OMIM: 611105 • Gene/locus: 610956 • ORPHA: 137898 • ICD-10-CM (effective October 1, 2023): <ul style="list-style-type: none"> • E88.43 – Disorders of Mitochondrial tRNA Synthetases • GARD: 12652 • UMLS: C1970180 • PHAROS • MONDO:0012622 • UniProt: Q6PI48 • NCBI: 55157 • SNOMED CT: 703537008 • HGNC: 25538
Major Disease categories	<ul style="list-style-type: none"> • Leukodystrophy/leukoencephalopathy • Mitochondrial disorder • Genetic disorder (autosomal recessive) • Rare disease
Comprehensive Reviews	<ul style="list-style-type: none"> • Orphanet • GeneReviews • MedlinePlus • GARD • MalaCards



<p>Umbrella disease organizations</p>	<p>Leukodystrophy</p> <ul style="list-style-type: none"> • United Leukodystrophy Foundation <p>Mitochondrial Disorders</p> <ul style="list-style-type: none"> • CureARS • CureMito • MitoAction • United Mitochondrial Disease Foundation <p>Rare Disorders</p> <ul style="list-style-type: none"> • NORD – National Organization for Rare Disorders (USA) • EURORDIS – Rare Diseases Europe
<p>Referral centers</p>	<ul style="list-style-type: none"> • Kennedy Krieger Institute – (Baltimore, USA) • Childrens Hospital of Philadelphia –(Philadelphia, USA) • Massachusetts General Hospital –(Boston, USA) • University of Utah –(Salt Lake City, USA) • Amsterdam University Medical Center - (Amsterdam, NL) • GLIA Network Leukodystrophy Centers
<p>Clinical Care Team</p>	<ul style="list-style-type: none"> • United Leukodystrophy – find a physician • Mitochondrial Care Network
<p>Patient connection forums</p>	<p>Forums moderated by CureLBSL staff</p> <ul style="list-style-type: none"> • LBSL Families (private Facebook group) • Rare Connect – LBSL Community (archived)
<p>Patient apps</p>	<ul style="list-style-type: none"> • MitoAction mobile app
<p>Patient registry</p>	<ul style="list-style-type: none"> • International LBSL Patient Registry – www.lbslregistry.org
<p>Biobank</p>	<ul style="list-style-type: none"> • Myelin Disorders Biorepository
<p>Research Consortium</p>	<ul style="list-style-type: none"> • LBSL Global Research Consortium www.lbslresearch.com



Patient Advocacy Group	<p>Cure LBSL (formerly A Cure For Ellie)</p> <ul style="list-style-type: none"> • www.curelbsl.org
Social Media	<p>#curelbsl #timeismyelin</p> <p>Instagram Facebook Twitter YouTube LinkedIn</p>
Patient connection forums	<p>Forums moderated by Cure LBSL staff</p> <ul style="list-style-type: none"> • LBSL Families (private Facebook group) • Rare Connect – LBSL Community (13 world languages)
Non-profit status	<p>A Cure For Ellie (doing business as “Cure LBSL”) is a 501(c)(3) organization, with an IRS ruling year of 2013. Donations are tax-deductible. Tax ID: 46-2829156</p> <ul style="list-style-type: none"> • Charity Navigator • Guidestar • CauseIQ
Leadership & Staff	<ul style="list-style-type: none"> • Beth McGinn – Executive Director and Founder • Mike McGinn – Executive Director and Founder • Melody Kisor – Director of Patient Engagement
Board	<ul style="list-style-type: none"> • https://acureforellie.org/board-of-directors/
Media	<ul style="list-style-type: none"> • In the news
Professional Affiliations	<ul style="list-style-type: none"> • Chan Zuckerberg Initiative - RAO Network • NORD – Platinum Member • Kennedy Krieger Institute Board of Directors • GLIA – Global Leukodystrophy Initiative • COMBINEDBrain • Milken Institute - TRAIN • Global Genes Advocacy Alliance members
Fundraising	<ul style="list-style-type: none"> • Network for Good donation site



Research links	<ul style="list-style-type: none"> • PubMed • Google Scholar • Researchgate
Research updates	https://www.curelbsl.org/research <ul style="list-style-type: none"> • 2024 • 2023 • 2022 • 2021 • 2020 • 2019
Clinical trials	<ul style="list-style-type: none"> • United States • Europe
LBSL Natural History Study	https://clinicaltrials.gov/ct2/show/NCT03624374 <ul style="list-style-type: none"> • USA – Dr. Amena Smith Fine - Kennedy Krieger Institute (JHU) • Netherlands – Dr. Marc Engelen - Amsterdam UMC • Finland – Dr. Emil Ylikallio - University of Helsinki • Brazil – Dra. Josiane de Souza - Hospital Pequeno Príncipe
Current therapies	<ul style="list-style-type: none"> • “Mito cocktail” • Rehabilitation medicine and physical therapy • Nutrition • Supportive Care
Potential/ emerging therapies	<ul style="list-style-type: none"> • ASO • AAV9 • Drug Repurposing
LBSL Patient Protocols	<ul style="list-style-type: none"> • LBSL Patient Protocol Coversheet • Head Injury Protocol
LBSL School Resources	<ul style="list-style-type: none"> • School Disability Accommodations • Thriving in School with LBSL (classroom) • Teacher Letter



2024 LBSL Patient & Scientific Conference (hybrid)	<p>“Time is Myelin”</p> <ul style="list-style-type: none"> • www.lbslconference.org
2023 LBSL Mini Conference (ULF)	<p>Meeting recording Agenda</p>
2022 GLIA Scientific Meeting	<p>LBSL & HBSL Workgroup</p>
2022 LBSL International Patient Conference (Hybrid)	<p>"Information is Power"</p> <ul style="list-style-type: none"> • English summary and slides • Russian interpreter recording • Portuguese interpreter recording
2020 LBSL Conference (Virtual)	<p>“Connection, Collaboration, Cures”</p> <ul style="list-style-type: none"> • Agenda • Videos
2018 LBSL Conference (In-person)	<ul style="list-style-type: none"> • Summary • Video: Clinical Discussion of LBSL & trials • Video: Management of Mitochondrial disease and role of supplements and emergency protocols • Video: LBSL Research Update • Video: Genetics 101: LBSL-Specific Mutations • Video: Nutrition • Video: Clinical Studies Update • Video: Overcoming social challenges • Video: Fundraising to find a cure • Video: Function and Malfunction of Mitochondria and tRNA Synthetases • Video: Advocating for yourself or your child • Video #6: One Man’s Perspective on Living with LBSL
Conference travel stipends	<ul style="list-style-type: none"> • Cure LBSL foundation: info@curelbsl.org