

# Epidemiology of Psychiatric Disorders and Mental Health Crises in Youth With Autism and Mental Health Interventions for Children and Adolescents With Autism



**Luke Kalb, PhD**, received his doctorate from the Department of Mental Health at the Johns Hopkins Bloomberg School of Public Health. During his studies, he received an NIMH Children's Mental Health Services research fellowship and the Morton Kramer Award for Excellence in Epidemiology and Biostatistics, and was named a Wendy Klag Center Scholar.



**William Silver, DO**, is a child and adolescent psychiatrist at Kennedy Krieger Institute's Center for Developmental Behavioral Health and Center for Autism Services, Science and Innovation. He is also an instructor in the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine.

**Date:** Monday, May 12, 2025

**Time:** 9 a.m. to 12:15 p.m. EDT

**Where:** Live Interactive Webinar

Registered participants will receive an email with instructions on how to join the session.

**Objectives:** Participants will be able to:

1. Describe the prevalence and characteristics of psychiatric disorders and behavioral challenges among youth in the general population as well as in clinical settings.
2. Recognize the theory and definition behind crisis instruments, including ways to directly and indirectly measure this phenomenon.
3. List the characteristics of, as well as the factors related to, mental health crises in youth with autism and discuss the systems of care involved in mental health crises.
4. Describe the various types of psychiatric disorders that can occur in individuals with autism across development and discuss evidence-based assessment and treatment of these psychiatric conditions in clinical practice.

To register, [click here](#)  
or call 443-923-4114.

The first part of the session will provide up-to-date research on the epidemiology of psychiatric disorders and behavioral health conditions among youth with autism spectrum disorder (ASD). A particular focus will be mental health crises, including very recent research on crisis measurement, prevalence and risk factors for crises, and psychiatric management of crises. The second part of the session will take a closer look at the different psychiatric conditions that manifest in children with ASD. These include both typical and unique presentations of psychiatric disorders. Also included will be a discussion of how clinicians can apply a systematic approach to the evaluation and treatment of these psychiatric conditions in their clinical practice.

**Instructional level:** Intermediate.

**Who should attend?** Professionals and anyone interested in the topic. 3.0 Continuing Education Credits (Category 1) will be granted to licensed social workers and psychologists for attending the session in full and completing all requirements. A Certificate of Attendance will be made available for all other disciplines.

**Kennedy Krieger Institute, Maryland Center for Developmental Disabilities** is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs, and it maintains full responsibility for this program. Kennedy Krieger Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Kennedy Krieger Institute maintains responsibility for this program and its content. No conflicts have been identified (this includes commercial support and research grants/funding). The registration fees are: \$90 for professionals seeking CE credit, \$70 for professionals and community members not seeking CE credit, and \$35 for students not seeking CE credit who register with a school email address.

For more information on our Annual Learning Series or to request accommodation or assistance for individuals with disabilities, please contact us by phone at **443-923-4114**, email **[Training.MCDD@KennedyKrieger.org](mailto:Training.MCDD@KennedyKrieger.org)** or visit **[KennedyKrieger.org/MCDDTraining](https://KennedyKrieger.org/MCDDTraining)**. Requests should be made as soon as possible but at least seven days prior to the scheduled meeting.

