Children with Disabilities: Getting School Systems to Identify and Address Emotional Disabilities through the Child Find Mandate

Authors: Maureen van Stone, JD, MS; Alicia Woolf, MEd; and Christopher L. Smith, PhD

Background

- Child find, a legal requirement of the Individuals with Disabilities Education Act (IDEA), requires that "the State have in effect policies and procedures to ensure that all children with disabilities residing in the State, including children with disabilities who are homeless or are wards of the State, and children with disabilities attending private schools, regardless of the severity of their disability, and who are in need of special education and related services, are identified, located, and evaluated ..."
- Child find also must include "children who are suspected of being a child with a disability...even though they are advancing from grade to grade..."
- Children with emotional disabilities (e.g., depression, bipolar disorder, schizophrenia, or anxiety disorders) who have average or above IQ scores are often denied initial evaluations (e.g., educational, cognitive, or psychological) by school systems.
- School systems fail to identify how the emotional disability has an educational impact on the child.
- Some school systems turn to police, juvenile courts, home and hospital teaching services, suspension, and expulsion before completing an initial evaluation and qualifying the child for special education and related services.
- All too often, school systems abandon children who are passing from grade to grade, yet show signs of depression, anxiety, attention deficit hyperactivity disorder (ADHD), and other mental health challenges.

Emotional Disabilities Statistics

Five percent of all schoolage children have an emotional disability that interferes with learning.

It is estimated that 33 percent of all youth in juvenile corrections have a disability; approximately half of those children have an emotional disability.

Only 0.8 percent of all schoolage children are actually identified by schools as having an emotional disability.

(2011-12 OSEP data)

Vignettes

- A 15-year-old student diagnosed with depression and anxiety attempted suicide in school, and was denied an initial evaluation for special education and related services. Instead, the school system provided her with home and hospital teaching services for six hours per week for five months.
 - Through effective legal representation, the school system qualified the student for special education and related services under IDEA and provided her necessary services and supports in a nonpublic placement. The dispute was resolved through the IEP process.

Case Law		
W. B. v. Matula (1995)	Schaffer v. Weast (2005)	Jamie S. v. Milwaukee Public Schools (2007)
 Schools must evaluate students suspected to have a disability within a "reasonable time." Knowledge of behavioral challenges and history of therapy is enough to suspect disability. 	 "State education agencies must identify and evaluate children." The task falls on the Individualized Education Program (IEP) team, including parents, school staff, and administrators. Parents are not solely responsible for identifying that their child may have a disability; school professionals are specifically responsible. 	 Schools must develop and implement a "practical methodto determine which children with disabilities are currently receiving needed special education." Although IEP teams do not have to agree with all available data, they must examine all available data to make an informed decision about identification.

- An 11-year-old boy diagnosed with ADHD, depression, and anxiety engaged in school refusal behavior and suicidal ideation. His parents requested an initial evaluation for special education and related services under IDEA; however, the school system denied his eligibility because he did not need specially designed instruction in reading, written language, or mathematics. His depression and anxiety resulted in his removal from his gifted and talented math class and four inpatient hospitalizations during fifth grade.
 - Through effective legal representation, the school system qualified him for special education and related services under IDEA and developed an appropriate IEP for the student. To achieve this outcome, his parents filed both a complaint with the state education agency and a due process hearing request. A settlement was reached.

Action Steps

To provide eligible children with disabilities a free appropriate public education, as required by law, state educational agencies must implement evidence-based strategies to be effective.

Professionals

- In-service and pre-service training
- School structure to address mental health issues
- District oversight for compliance with IDEA
- Active referral and coordination
- Tiered positive behavioral supports in schools

Higher Education

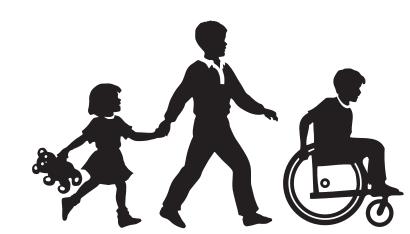
- Combine general and special education courses
- Collaboration between educators and mental health professionals
- Focus on behavior interventions and supports
- Emphasize current special education law

Parents, Advocates, or Attorneys

- Know strategies that have led to success for other individuals
- File administrative complaints
- File due process complaints
- File federal complaints

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