

Supplemental Security Income (SSI) & Social Security Disability Insurance (SSDI)

Resources from Project HEAL

This handout provides resources from Project HEAL (Health, Education, Advocacy, and Law), a community-based program of the Maryland Center for Developmental Disabilities at Kennedy Krieger Institute, including an overview of SSI and SSDI application steps, eligibility and benefits, guidance on completing a child SSI application and accessing support through Project HEAL.

Eight Common Myths About Social Security Benefits Video Series **English and Spanish videos**

This video series corrects common misconceptions about SSI and SSDI, federal programs that support individuals with disabilities. It explains key issues like eligibility and how working impacts benefits, helping individuals better understand Social Security benefits programs.

Social Security Disability Benefits: What You Need to Know **English version; Spanish version**

This resource outlines the eligibility criteria and the process for applying for SSI and SSDI. The pamphlet includes guidance on preparing applications, the required documentation, and contact information for assistance.

Steps to Completing a Child SSI Application **English version; Spanish version**

This resource outlines the steps for completing a child SSI application. It includes instructions for gathering necessary documentation, completing forms and preparing for the interview process with the Social Security Administration (SSA).

Social Security Administration **SSI Website; SSDI Website**

The SSA is a federal agency that administers programs such as SSI and SSDI. Visit the SSA website to learn more about these programs.

Contact Information

David Mervis, Esq.
Staff Attorney, Project HEAL
667-205-4251

Mervis@KennedyKrieger.org

To complete an intake for Project HEAL services: call **443-923-4414** or complete an [online intake](#)
For more information, visit: **KennedyKrieger.org/ProjectHEAL**

**Scan the QR code
to access resources**



WITH

