

# Updating the SSA

## Supplemental Security Income (SSI) & Social Security Disability Insurance (SSDI)

### What do I need to report if I am applying for or receiving benefits?

The Social Security Administration (SSA) needs to know about any changes that could affect whether you qualify for SSI or SSDI benefits and the amount of your monthly benefits. This includes whether you start or stop working and changes in your medical condition, your living arrangements (where or with whom you live), and your citizenship, immigration or marital status.

**If you receive SSI**, you need to report even more information. If you work or receive other income (including alimony and support payments for children and adults), you need to report how much you earn or receive. If you are single, you need to report if your resources (savings and other assets) are more than \$2,000. If you live with your spouse, you need to report if your resources are more than \$3,000. Adults who receive SSI need to report their spouse's income and resources (if they live together). Children who receive SSI need to report their parent(s)' income and resources.

There may be other changes you need to report, depending on your situation. SSA has more information in these publications:

- [“What You Need to Know When You Get Social Security Benefits”](#)
- [“What You Need to Know When You Get Supplemental Security Income \(SSI\)”](#)

### When do I need to report these changes?

Report these changes as soon as possible.

### How do I report these changes?

You can report any changes by mail, in person or by calling SSA's national 800 number—1-800-772-1213 (or TTY 1-800-325-0778)—or your local field office. You can find your local field office [online](#). You can report your wages [online](#).

### What happens if I do not report these changes to SSA?

SSA might pay you the wrong amount. If SSA pays you too much, you might have to pay it back. If SSA pays you too little, you will miss out on benefits you are owed. If you do not report changes, or if you intentionally withhold information, SSA can stop paying benefits and even fine you.

### How can Project HEAL help?

Project HEAL (Health, Education, Advocacy, and Law), a community-based program of the Maryland Center for Developmental Disabilities at Kennedy Krieger Institute, can help answer specific questions about updating SSA. For more information on Project HEAL and the types of services available, visit: [KennedyKrieger.org/ProjectHEAL](https://www.KennedyKrieger.org/ProjectHEAL)

To connect with Project HEAL, call **443-923-4414** or complete an [online intake](#).

**\* SSA's policies may change. Contact SSA ([ssa.gov](https://www.ssa.gov)) or Project HEAL for updates. \***



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