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# COVID-19 Resources

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1. Free Wifi for 60 days:
  - a. Comcast:
    - i. Website: <https://www.internetessentials.com/covid19>
    - ii. Application: <https://apply.internetessentials.com/>
  - b. Spectrum: Call 1.844.488.8395
2. Food
  - a. Search Maryland Food Banks: <https://mdfoodbank.org/find-food>
  - b. See Spreadsheet
3. Virtual Field Trips:  
[https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku\\_w/previiew?pru=AAABcQilkkk%2ADtHGT1eJMgvNOIRBbFig8A&fbclid=IwAR0EhmGQ3BG9rRw10wZtyhXZpicY3JjFH9ReKcCkKibheeAj\\_i3U3\\_XBZk](https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/previiew?pru=AAABcQilkkk%2ADtHGT1eJMgvNOIRBbFig8A&fbclid=IwAR0EhmGQ3BG9rRw10wZtyhXZpicY3JjFH9ReKcCkKibheeAj_i3U3_XBZk)
  - a. San Diego Zoo
  - b. Yellowstone National Park
  - c. The planet Mars
  - d. Animal Cameras
  - e. Farm Tour
4. Learn at Home:
  - a. Scholastic Learn at Home (Online Courses):  
<https://classroommagazines.scholastic.com/support/learnathome.html>
  - b. Mo Willems Lunch Doodles (YouTube Videos):  
<https://www.youtube.com/watch?v=RmjzCPQv3y8>
  - c. Educational companies offering free subscriptions during social distancing (updated spreadsheet): <http://www.amazingeducationalresources.com/>
  - d. Read alouds by authors (spreadsheet):  
<https://docs.google.com/document/d/1MrM7Ypu3uoEEwbyLQ6sxxk8d-sePrP2J64WQrb6dNfl/preview>
  - e. Khan Academy (Online courses): <https://www.khanacademy.org/>
  - f. Mystery Science (Online science lessons): <https://mysteryscience.com/school-closure-planning>
5. Health and Safety
  - a. Fun ways to teach kids proper hygiene techniques (tips adapted from CDC).
    - i. Wash hands at the door and regular intervals
      1. Sesame Street hand washing activities:  
<https://sesamestreetincommunities.org/topics/health/>
      2. Hand washing song poster generator: <https://washyourlyrics.com/>
    - ii. Create habits and reminders to avoid touching their face and cover coughs and sneezes
      1. Elmo & Rosita: The Right Way to Sneeze:  
<https://www.youtube.com/watch?v=QW1yodZJpG8>
      2. Cover Your Cough and Sneeze! How to Teach Kids to Cough/Sneeze into Their Sleeves:

<https://bostonchildrensmuseum.wordpress.com/2015/11/09/cover-your-cough-and-sneeze-how-to-teach-kids-to-coughsneeze-into-their-sleeves/>