

Hi, I'm Emily Klemkowski

ABOUT ME

I will graduate with my Doctorate of Occupational Therapy in May 2024 from Towson University.

My dream job is to be a pediatric occupational therapist who works with the autistic population.

I am a proud aunt, which sparked my love for helping kids grow.

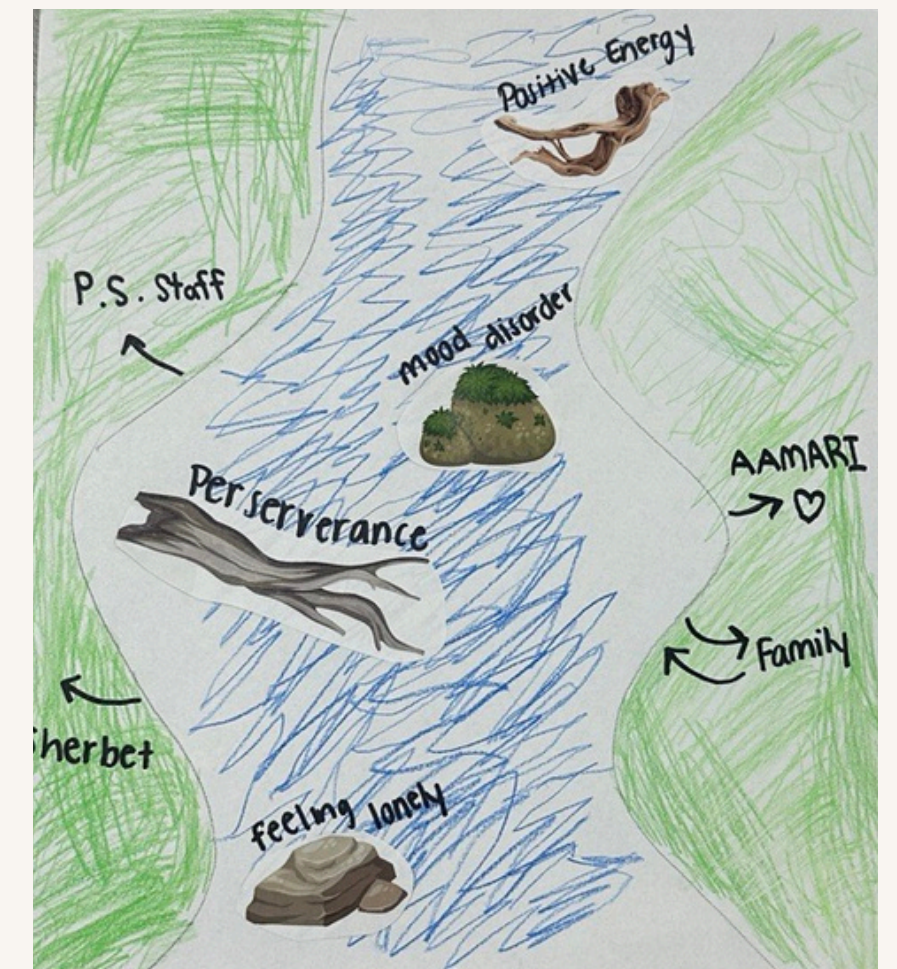
A few of my favorite occupations include dancing, cooking, and hanging out with friends.

I have worked in the restaurant industry all through college.

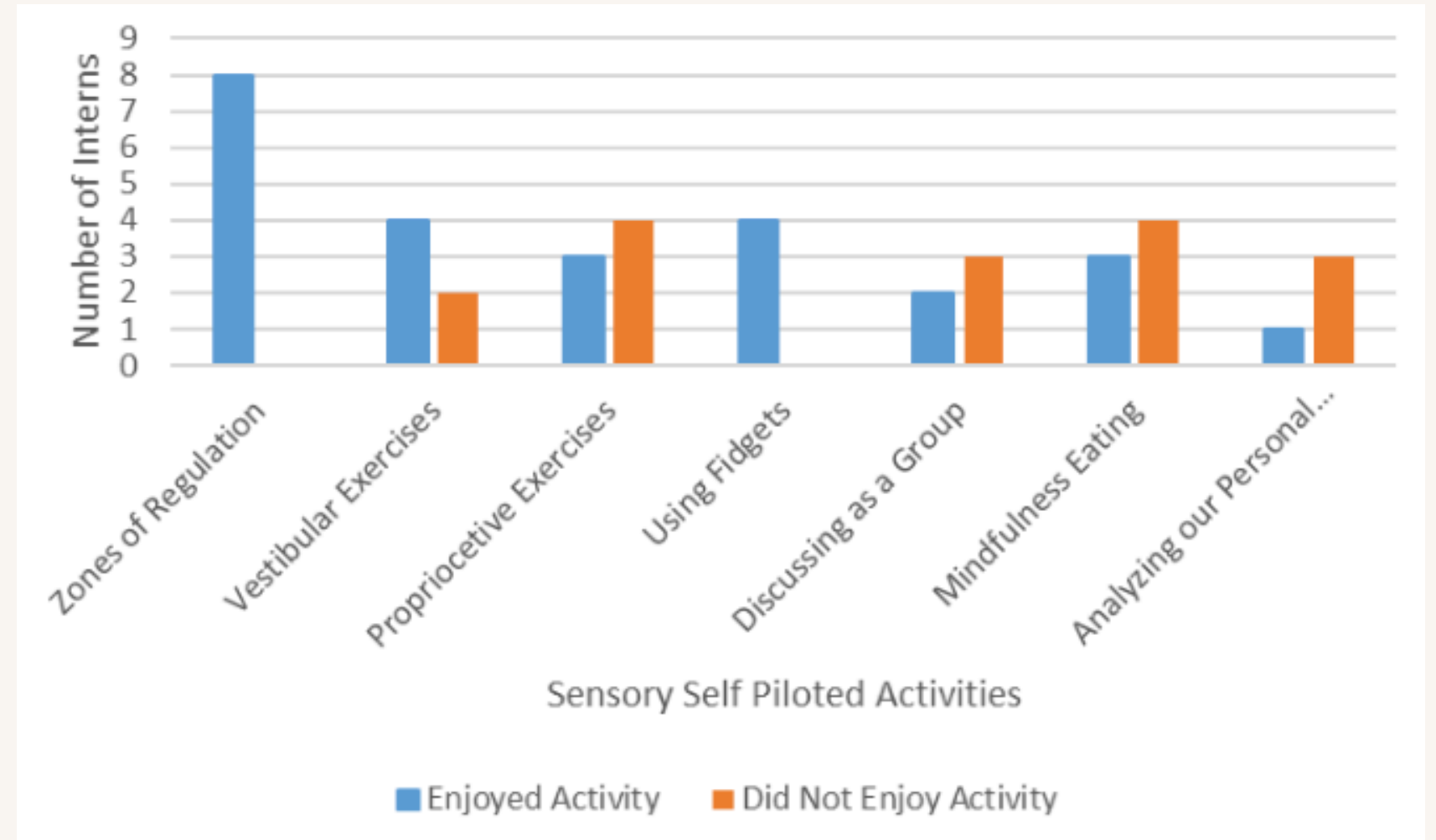
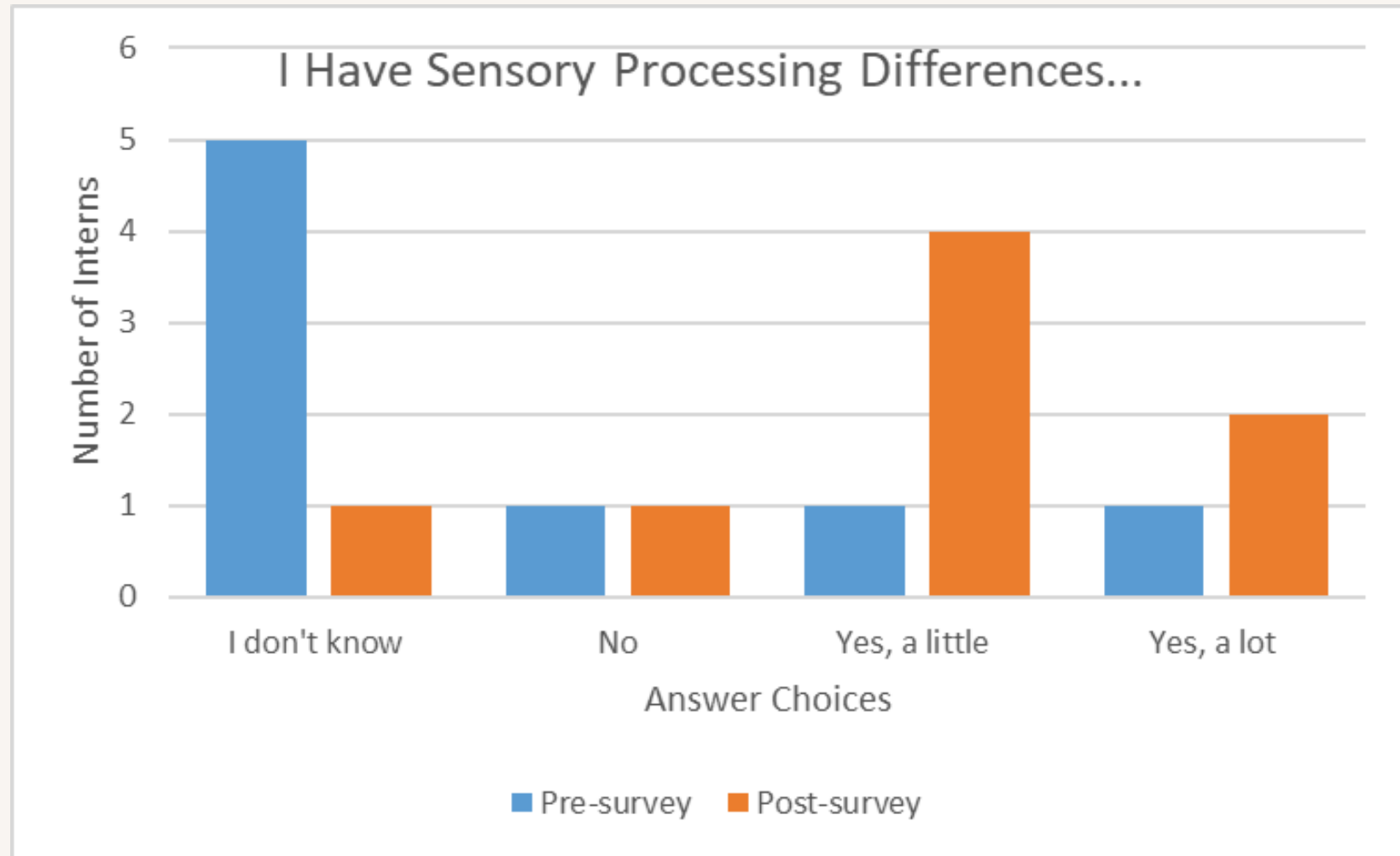


NDW Responsibilities

- Capstone project: Program Development
- Support interns during their internships
- Create and target occupation-based goals
- Plan and execute individual and group activities that enhance daily living skills and target goals



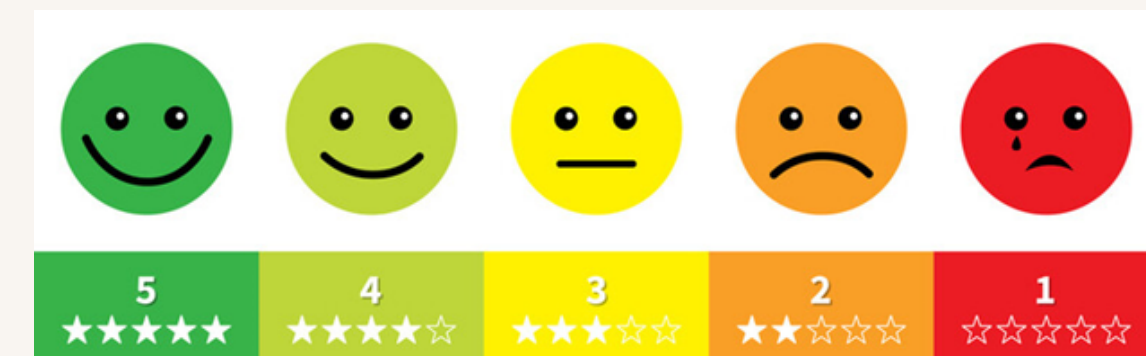
“Sensory Self”: Developing a Self Regulation Program for Neurodiverse Individuals



“Once we started talking about how each of the sensory topics we learned relate to their work environment, it allowed them to conceptualize more”

“Interns really enjoyed discussing and having a tangible item to represent the sense.”

Overall, how beneficial were the Sensory Self groups to you, if at all?

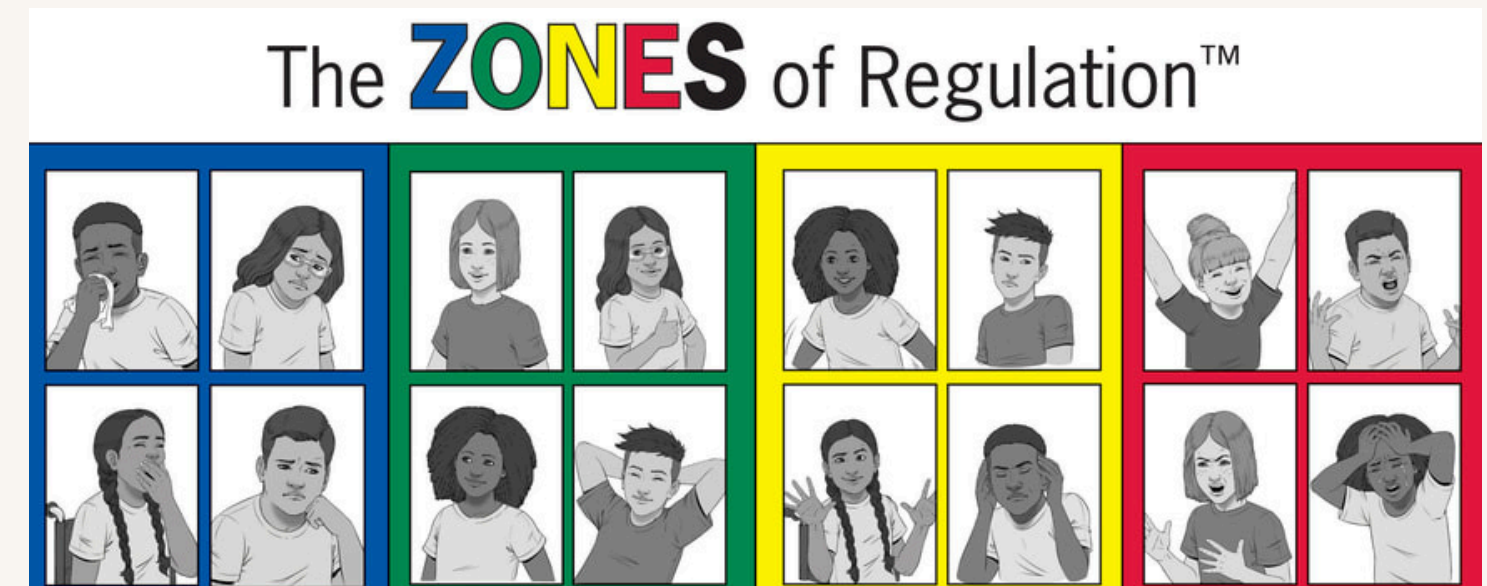


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Acquired Skills

- **Research Skills**
 - Adapting survey language to the population
 - Piloting the program
 - Interpreting data, writing survey questions
- **Neuroaffirming Practices**
 - Writing inclusive & affirming goals
 - Interventions that support participation but do not attempt to “normalize” individuals
 - Collaboration with CASSI
 - AOTA Inspire Conference
- **Supporting Emotional Regulation**



Kennedy Krieger Institute Takeaways

- **Collaboration with Team**

- **Contributing an OT perspective**
- **Learning and listening to your team**
- **Communication your own needs**

- **The Institute's Values**

- **Empowering those we serve**
- **Project SEARCH involves collaborating with other departments**
 - **Addressing department concerns & advocating**
- **Solution-oriented conversations**



