



Intern Final Project

JANET BUTT

KENNEDY KRIEGER INSTITUTE – MEANINGFUL COMMUNITY SERVICES



*All about
me!*

Name – Janet Butt

University – University of Maryland,
Baltimore County

Major – Health Administration and Policy
Program (Track 3 – Public Health)

Graduation – August 2021

Goals – I would love to get my masters in
the future!

Meaningful Community Services



Led Individual Sessions

Created DPDs
Service Notes
Goal Oriented Discussions



In – Person Services

Support the community member at their job site



Led Group Sessions

Created DPDs
Service Notes



Staying Connected Page

Interviewed staff and community members



Led Meaningful Community Services Group Lunches

Meaningful Community Services

DPDs stands for Daily Professional Development

In our DPD session, there are about 20 - 25 slides. We begin with fun topics such as In the News, The Song of the Day, Weird Celebrations and Mindfulness Practice. The main purpose for DPDs is to go over the individuals' goals and discuss topics related to these specific goals. For example, I worked with a community member who had a goal to increase knowledge about money recognition. For this goal, I created a DPD that focused on money revision.

In – person Services

I met with a community member to support them at their job site. In the beginning, we would do a morning check – in. During the check – in we went over expectations and reminders about professionalism. I was there to support them if they needed someone to talk to or if they needed help with anything.

Service Notes

These are notes we write up after each service. We would summarize how the service went.

Staying Connected Page

I compiled information to keep the Staying Connected Page updated. I was given a list of what the updates should include. I created interview questions to ask the community members and staff of Meaningful Community Services. I reached out to the staff and to the community members to gather the information. I wrote up blurbs of all the information.

Introduction to Interviewees

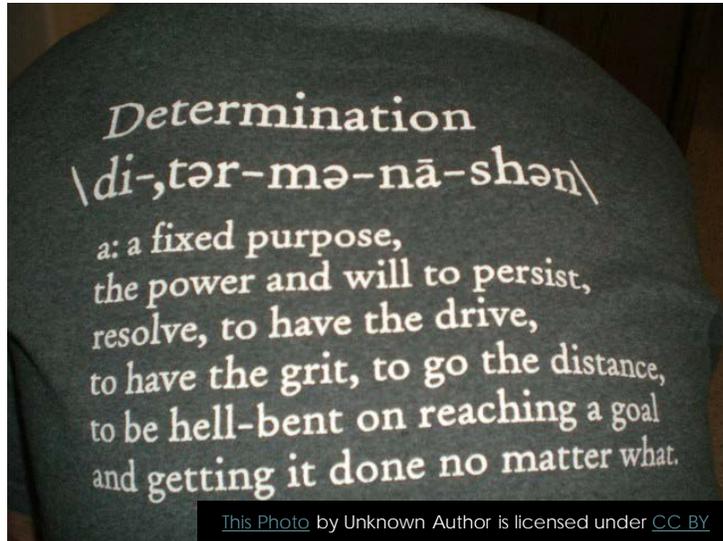
- Griffin Claubaugh-Bareford
- He is a community member at Meaningful Community Services.
- A fun fact about Griffin is that he loves to play video games and watch movies, cartoons and anime.



Introduction to Interviewees

Leah Beiswinger

- She is a Direct Support Professional of CORE Foundations at Meaningful Community Services.
- A fun fact about Leah is that she loves to cook!



Overarching Themes

Patience -

- As a community member, patience is very important because it takes time to find a job or volunteer work.
- A Direct Support Professional needs patience to build a relationship with their community member. It takes time to trust an individual which is the foundation of a relationship.

Determination -

- A community member should be determined because you need the motivation to find a job. As a community member you should never give up and work hard towards your goals!
- As a Direct Support Professional, you need determination because there are times where you don't see progress being made by your community member. You must stay positive and driven to encourage them to reach their goals.



Overarching Themes

Relationship –

- Never give up on building your relationship with your community member. I learned from Leah and throughout the sessions that it's so important to gain trust to build a relationship. You want to be able to connect with the community members. We are here to support them.

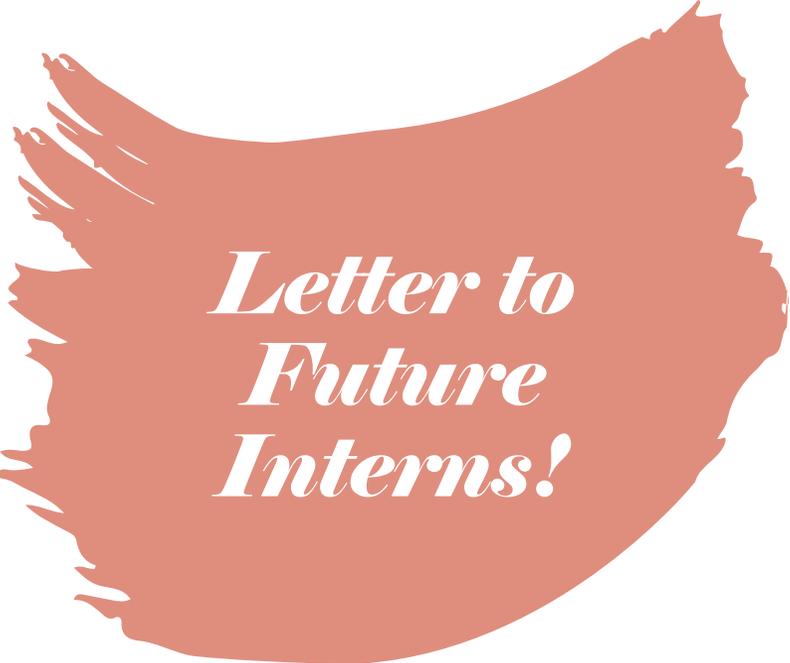
Teamwork –

- It is very important to work as a team! The community members and the Meaningful Community Services staff love how Meaningful Community Services is a large institution that loves to support one another regardless of their roles.



Reflection

1. From this experience, I learned that there should be programs like Meaningful Community Services across the globe to support community members. I love what Meaningful Community Services stands for and what they do as an institution.
2. I realized that I would love to do something like this in the future. I want to pursue getting my masters in Special Education or in Social Work. I want to be in a field where I can help others.
3. I also learned that it takes a lot of patience, determination, motivation, and empathy in this field of work.



*Letter to
Future
Interns!*

Dear Future Interns,

My name is Janet Butt. During summer of 2021, I interned at Meaningful Community Services. In the beginning of my internship, I was very nervous. The team of Meaningful Community Services was welcoming, helpful, supportive, and friendly. In a matter of days, I felt like I had always been a part of the team. It took time to get into the routine and learn the new techniques, however the team was very patient through the whole process. One very important tip I have is to be open to learn. Asking questions helped me immensely so do not hesitate to ever ask anything. Through this internship, you will learn how to build relationships which you can use in every part of your life. You will build relationships with community members and the staff. Also, it was very helpful and pleasant to have a UMBC peer through this internship. We always helped each other, gave each other tips, and made sure we both were on top of our tasks. Lastly, I learned that it is very important to be organized in this internship. I would recommend to keep a little agenda book to write down your schedule and tasks. This taught me how to manage everything I had to do. This internship will teach you so much than you can ever expect!