

## Procedure: Ostomy

Trainee Name: \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_

Procedure steps	Rationale	Evaluator Initials/Date	Evaluator Initials/Date	Evaluator Initials/Date
1. Check orders.	Verify orders are current. Note type/brand of supplies and skin preparation.			
2. Wash hands.				
3. Prepare supplies <ul style="list-style-type: none"> <li>a. New ostomy bag/wafer system</li> <li>b. Measuring guide</li> <li>c. Scissors</li> <li>d. Protective powder, paste or ordered skin care topical</li> <li>e. Gloves</li> </ul> <p><i>One-piece:</i> Bag attached to adhesive disc/wafer applied directly to skin.</p> <p><i>Two-piece:</i> Bag adheres or “locks” to an adhesive disc/wafer applied directly to the skin. Wafer is separate from pouch.</p> 	Encourage participation by involving the student in checking and gathering necessary supplies.			
4. Explain procedure at student's level of understanding.				
5. Put on gloves.	Use standard precautions.			
6. Empty contents of used ostomy pouch into container or toilet before it	Carefully remove by gently pushing skin away from device, rather than			

<p>is removed.</p> <p>Remove or detach ostomy bag by gently removing from skin.</p>	<p>ripping pulling appliance off skin. An adhesive remover may be ordered for use. It may be helpful to have a clean wipe to catch any unwanted output while changing bag.</p>			
<p>7. Wash stoma with soap and water. Assess skin integrity and prepare skin as necessary.</p>	<p>Soaps that contain oils, lotions, and fragrances can interfere with the adhesive on the skin barrier.</p> <p>A special barrier wipe, paste, or seal may be ordered.</p>			
<p>8. Use the stoma measuring guide if necessary to cut the adhesive disc/wafer to fit the correct stoma shape and size. The size should be as close to the shape of the stoma as possible, without restricting or touching the stoma edges.</p>  <p>If a moldable adhesive disc/wafers, do not cut but merely manipulate to create the correct size opening.</p>	<p>The measuring guide is usually supplied in the box with skin barrier wafers.</p> <p>Cut edges should be smooth and without sharp edges to prevent irritation to stoma.</p>			
<p>9. Center new disc/wafer directly on stoma. Firmly seal without leaks or wrinkles.</p> <p>Apply new bag, if necessary. The bag may need to be clamped or valve closed.</p>	<p>A smooth surface prevents skin breakdown. A warm compress may help to mold and shape for best fit.</p> <p>The pouch is attached using a "Tupperware" type lock. You may hear clicks as the pouch is applied.</p>			

Evaluator Initials

Evaluator signature

---

---

---

---

---

---