

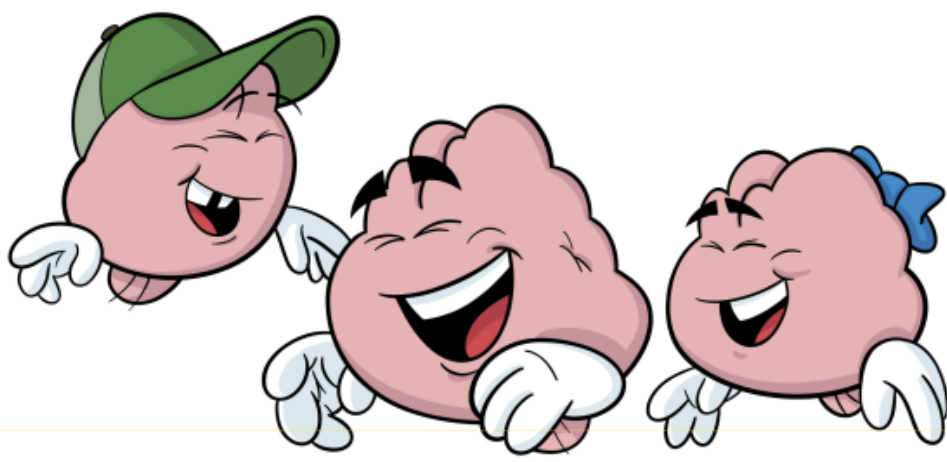
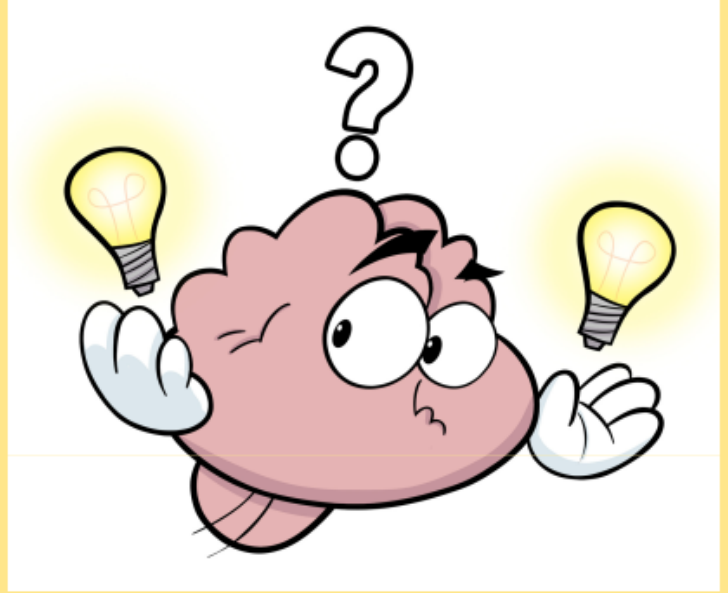
WELCOME TO TEEN ONLINE PROBLEM SOLVING!

An online program that helps teens with brain conditions manage their symptoms and thrive.

ON THE TOPS WEBSITE, YOU WILL LEARN:

PROBLEM SOLVING SKILLS

Strategies you can use to solve any problem, even problems that aren't related to your brain condition

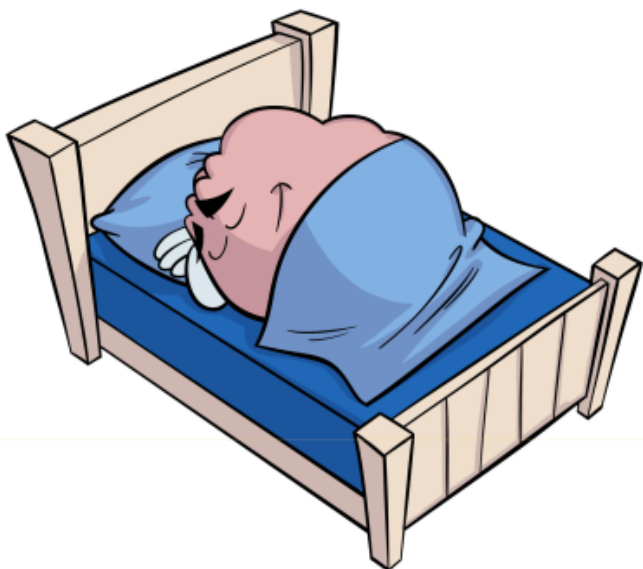
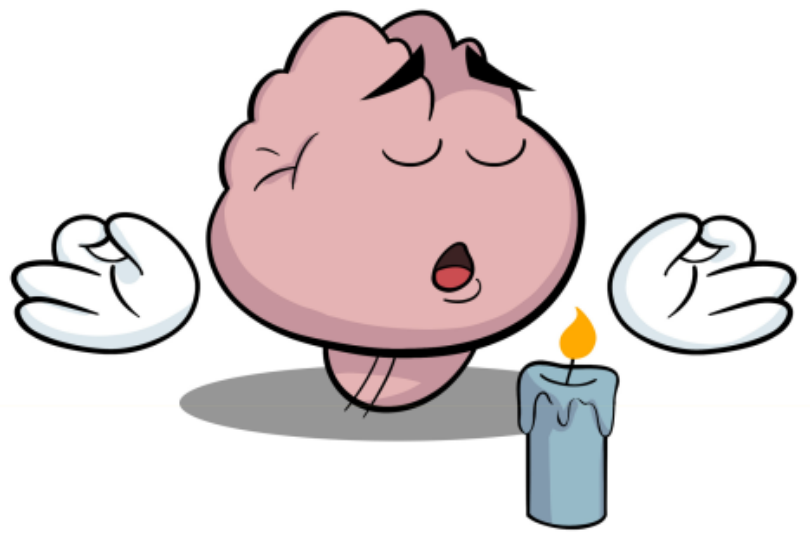


COMMUNICATION SKILLS

Strategies you can use to get along better with your family and friends

SELF-CONTROL SKILLS

Strategies you can use to stay control of your emotions and behavior



SELF-CARE SKILLS

Strategies you can use to take better care of yourself

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Please contact Elizabeth Rosenthal at
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