

RECREATIONAL THERAPY PRACTICUM

Hours: 128 hours total- 16 hours a week for 8 weeks

Days: Wednesday & Thursday

RECREATIONAL THERAPY AT KENNEDY KRIEGER

- Serves patients with traumatic brain injuries, spinal cord injuries, post orthopedic surgeries, chronic pain, feeding disorders, and other complex medical conditions
- Provide leisure interventions to promote social, physical, cognitive, and emotional functioning.
- Work closely with a multidisciplinary team (CL, PT, OT, SLP, NP, BP) to work towards independence for each patient

RECREATIONAL THERAPY INTERVENTIONS

Leisure education and exploration

Adaptive recreation education

Socialization

Gross motor & fine motor activities

Cognitive skill development

Sensory stimulation

Coping and adjustment to injury or illness

Self-expression

Community reintegration outings

Co-treatments with interdisciplinary treatment team

Special Events

SCHEDULE BREAKDOWN

Week 1:

Department orientation

Weeks 2-7:

Recreational Therapy

observations

Inpatient team

shadowing

Week 8:

Mock interview

Wrap-up

WORK ASSIGNMENTS

Weekly reflections

Attend department in-services

Lead individual play session

Lead group play session

Patient case study

Mock interview

