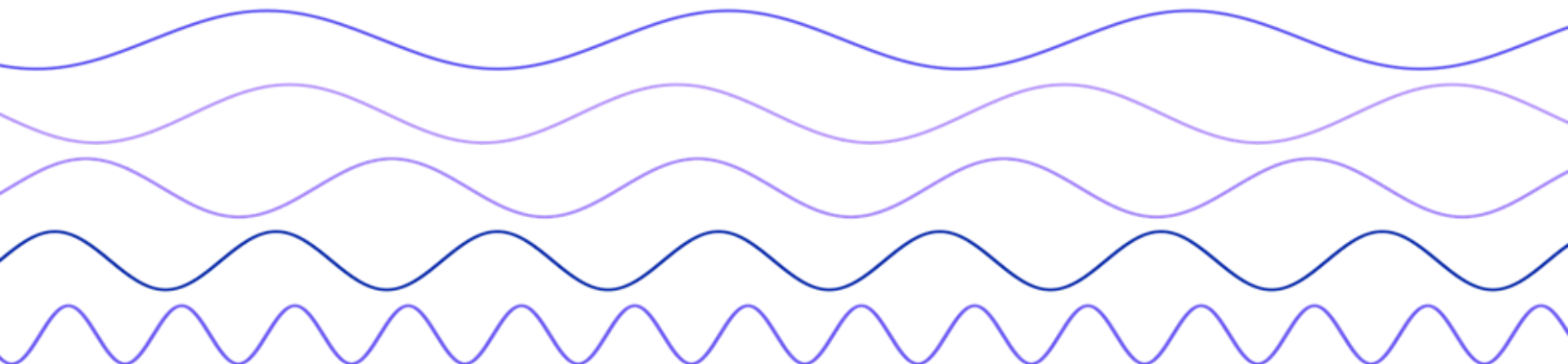




# **ALL ABOUT YOUR EEG**

**PREPARATION FOR AN EEG AT KENNEDY  
KRIEGER INSTITUTE**



# WHAT IS AN EEG?

An EEG is a test to see how your brain is working by putting stickers on your head.



# WHERE WILL I HAVE MY EEG?

Your EEG will be at a place called Kennedy Krieger Institute. Kennedy Krieger is a hospital where kids and teenagers come for all different reasons.



# WE ARE EXCITED TO MEET YOU!

When you first come through the doors, you will check in at the front desk.



# WAITING ROOM

You might have to wait a little in our waiting room. How many fish do you see in the fish tank?



Your EEG tech will be down to bring you up to your room for your EEG

# EEG ROOM

This is the room where you will be getting your EEG stickers.

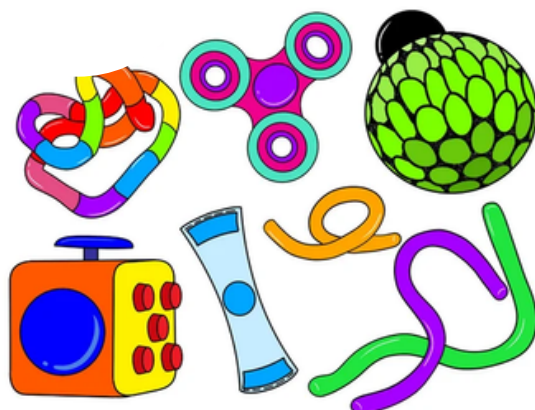


# TIME FOR YOUR EEG!

You can chose if you want to sit in a chair or the bed.  
You can even sit with whoever is with you.



You can also pick what you want to do during your EEG!  
You can pick a toy, stress ball, watch a video, read a book,  
listen to music, etc. If there is something you want  
from home, you can bring it with you.



# STEPS OF THE EEG

## STEP 1:

Measure your head.



## STEP 2:

Mark spots where the stickers go with a crayon.



### STEP 3:

Clean each spot. It might feel a little cold and scratchy.



### STEP 4:

Use a cream to help the stickers stick.

## STEP 5:

Cover the stickers to keep them all in the right spot



Your tech will check to make sure all the leads are working. She might have to fix some.

Once the EEG is all done, we will take all the stickers off and help clean your head. This might feel like when you wash your hair.



**ALL DONE!**