

Fairmount Rehabilitation Clinic at Kennedy Krieger Institute

Who We Are

The Fairmount Rehabilitation Programs at Kennedy Krieger Institute offer an array of interdisciplinary therapy programs for patients with injuries and disorders of the brain, spinal cord and musculoskeletal system. Regardless of their needs, our goal is to help put our patients on the path to improving their functional skills and enhancing their health and fitness.

Who We Serve

We provide services for children from 8 months old to adulthood. We see patients with a range of diagnoses, including:

- Cerebral palsy
- Acquired brain injury
- Spinal cord injury or dysfunction
- Musculoskeletal disorders
- Brain tumor
- Chronic pain
- Stroke
- Post-COVID-19 symptoms
- Postural orthostatic tachycardia syndrome (POTS)
- Sickle cell anemia

Our Team

The professionals who make up our interdisciplinary team are experts in a variety of disciplines, including:

- Pediatric rehabilitation medicine
- Physical therapy
- Occupational therapy
- Speech-language pathology
- Neuropsychology
- Special education
- Social work
- Nursing
- Health psychology

Additional consultative services are available, as needed, in these areas:

- Orthopedics
- Neurology
- Adaptive equipment
- Assistive technology
- Psychiatry
- Nutrition



Our Treatment Approach

All of our programs provide interdisciplinary treatment from a team that works together to meet our patients' needs. When a patient begins any of the Fairmount Rehabilitation Programs, our team works closely with their family to develop an individualized treatment plan, with an overarching goal of increasing independence at home, in school and in community life.



Kennedy Krieger Institute

Our Programs

Specialized Transition Program

We developed our day hospital model to treat children and adolescents with intensive therapeutic needs. We provide a full range of cognitive and physical rehabilitation services for neurological and orthopedic conditions.

Constraint-Induced and Bimanual Therapy Program

Through this program, we provide intensive therapy for children and adolescents with hemiparesis. We use an evidence-based understanding of the brain's natural ability to form new connections to increase functioning and independence.

Focused Interdisciplinary Therapy Program

This program offers intensive therapy to children and adolescents with persistent, disabling conditions. Treatments target specific therapeutic goals to help patients improve their physical abilities, daily activities, communication skills and cognitive skills.

Pain and Chronic Health Impairments Program

This program uses a collaborative interdisciplinary and evidence-based approach to address the needs of young people with persistent pain and/or chronic health conditions that limit their functional abilities in day-to-day life. Working from a biopsychosocial and patient-centered perspective, we individualize treatments and focus on improvement in daily functioning, endurance, pain science education, self-management of symptoms, engagement in life roles and overall improvement in quality of life. In this intensive program, patients receive daily therapies that restore physical stamina and build awareness about the mind-body connection.

Community Rehabilitation Program

This program provides rehabilitation in the patient's home and other important community settings. Our services range from intensive daily therapy for patients with acute needs, to helping individuals with less severe issues return to community activities.



Contact Information

Fairmount Rehabilitation Programs at Kennedy Krieger Institute

For more information or to schedule an appointment, please call **443-923-4587**, or call toll-free at **888-554-2080**. TTY users, please contact us at **443-923-2645**, or dial **711** to make a Maryland Relay call.

KennedyKrieger.org/Rehabilitation

Physicians & Healthcare Professionals

To make a referral, email us at **STPReferrals@KennedyKrieger.org** or call our Physician Referral Line at **443-923-9403**.

Program Location

1750 East Fairmount Avenue
Baltimore, MD 21231

Mailing Address

707 North Broadway
Baltimore, MD 21205

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