

Fragile X Clinic at Kennedy Krieger Institute

Who We Are

The Fragile X Clinic at Kennedy Krieger Institute is an interdisciplinary program that provides comprehensive evaluation and treatment services for children and adults with fragile X-associated disorders such as fragile X syndrome (FXS). The clinic is a founding member of the Fragile X Clinical and Research Consortium, and we focus our research on the examination of the molecular, neuroimaging, and behavioral aspects of fragile X syndrome.

Who We Serve

We serve children, young adults, and adults with fragile X syndrome and fragile X-associated disorders (FXD). The majority of our patients have fragile X syndrome, the primary type of FXD, which is the most common inherited single-gene cause of intellectual disability and autism spectrum disorder (ASD). About two-thirds of individuals with fragile X syndrome have ASD.

Fragile X syndrome is associated with a range of cognitive impairments, from mild learning disabilities to severe intellectual disability. The syndrome is also characterized by a number of neurodevelopmental challenges, including attention difficulties, anxiety, seizures, sleep disorder, and sensory processing difficulties.

The Fragile X Clinic also provides services and referrals for premutation carriers with fragile X-associated tremor ataxia syndrome (FXTAS) and fragile X-associated primary ovarian insufficiency syndrome (FXPOI).

Our Team

An interdisciplinary team of clinicians from a variety of specialties manages the unique medical, behavioral, and educational needs of each patient. These specialties include:

- Neurology
- Genetic counseling
- Psychiatry
- Clinical social work
- Speech and language
- Neuropsychology



Our Approach

We take an individualized approach to patient care. At the initial appointment and evaluation, patients are seen by specialists from neurology, genetic counseling, psychiatry, and clinical social work. Speech language, neuropsychology testing, physical therapy, occupational therapy, behavior psychology, and other disciplines are scheduled based on clinical need. Medication management is also provided, if needed.

We are all born with great potential.
Shouldn't we all have the chance to achieve it?

Affiliations

The clinic is a founding member of the Fragile X Clinical and Research Consortium, a network of fragile X clinics in North America.



“We are so fortunate to have this clinic so close to our home. So many doctors don’t have a great understanding about fragile X. Here, we have an entire team that is very familiar with this disorder.”

– Marla Gruzin, parent

Contact Information

Fragile X Clinic at Kennedy Krieger Institute

For more information or to schedule an appointment, please call **443-923-7619** or toll-free at **888-554-2080**, or email **FragileX@KennedyKrieger.org**.

TTY: **443-923-2645** or Maryland Relay **711**

KennedyKrieger.org

Physicians & Healthcare Professionals

To make a referral, call our Physician Referral Line at **443-923-9403**.

Clinic Location:

801 North Broadway
Baltimore, MD 21205

Mailing Address:

707 North Broadway
Baltimore, MD 21205

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual, and personal values, beliefs, and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources, and advocating for the services and support they need.



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