

# Occupational Therapy Outpatient Clinic at Kennedy Krieger Institute

## Who We Are

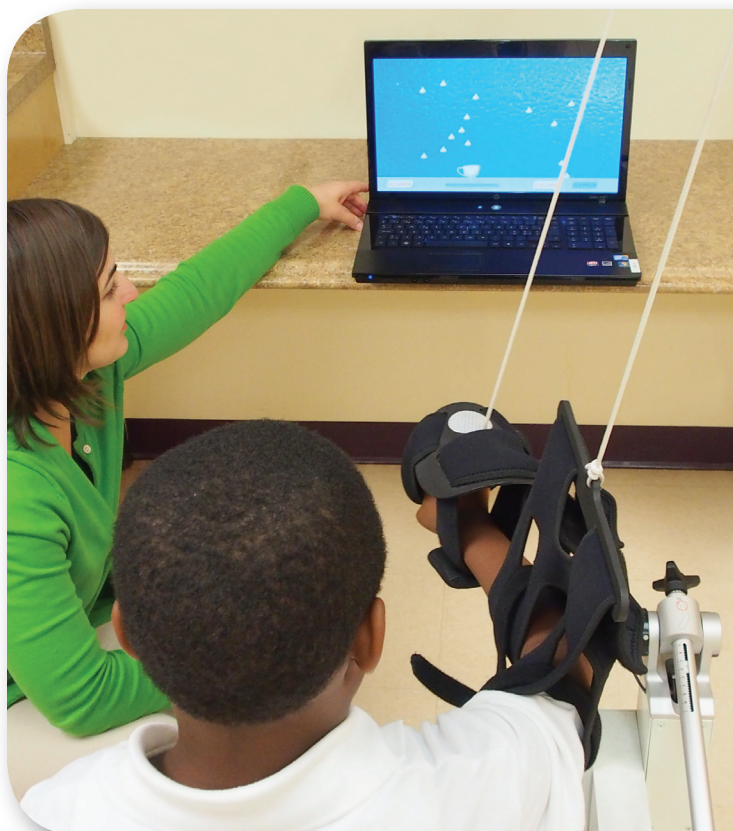
The Occupational Therapy Outpatient Clinic at Kennedy Krieger Institute provides evaluation, individualized treatment, and follow-up care to improve our clients' fine motor skills, oral motor skills, adaptive seating needs, and activities of daily living, including eating, dressing, hygiene, toileting, play, and home activities. Our team focuses on helping clients achieve independence throughout their lives. We consult with parents, teachers, medical providers, and other community professionals to ensure our clients reach their full potential. Goals include improvements in the following areas:

- Performance of daily tasks, including writing, dressing, brushing teeth, and self-feeding
- Independence with wheelchair mobility
- Ability to participate with peers in developmentally appropriate play
- Socialization
- Confidence in task performance
- Self-esteem
- Knowledge and use of community resources
- Endurance during play and movement activity
- Safety and comfort

## Who We Serve

The Occupational Therapy Outpatient Clinic provides care for clients with mild to severe disabilities, from infancy to young adulthood. Our services are available and appropriate for the majority of diagnoses and disorders seen at Kennedy Krieger, including:

- Attention and impulsivity disorders
- Autism spectrum disorders
- Brachial plexus
- Cerebral palsy
- Developmental delays
- Feeding disorders
- Movement disorders
- Musculoskeletal disorders
- Neurodegenerative disorders



- Neurological disorders
- Spina bifida
- Spinal cord injuries
- Sensory processing disorders
- Traumatic brain injuries

## Our Team

The occupational therapists at Kennedy Krieger have professional certifications and advanced training in a variety of pediatric rehabilitation therapies, including:

- Casting and splinting
- Constraint induced treatment
- Developmental assessment

We are all born with great potential.  
Shouldn't we all have the chance to achieve it?



Kennedy Krieger Institute

For more information, visit [kennedykrieger.org](http://kennedykrieger.org) or call 888-554-2080.

- Manual therapy
- Physical abilities testing
- Feeding and swallowing dysfunction
- Sensory motor intervention

Our specialists work in tandem with other Institute disciplines, including physical therapy, speech, behavioral psychology, neuropsychology, and psychiatry, to create individualized treatment plans for each patient. The therapists also provide consultative services to a wide variety of clinics and programs here at the Institute.

In addition to their clinical work, our occupational therapists dedicate time to guest lecturing, research, teaching, and community outreach.

## Our Approach

Our occupational therapy team screens and evaluates children, adolescents, and young adults for neuromuscular, musculoskeletal, developmental, and sensory motor/processing difficulties. We help identify motor and learning strengths and difficulties to determine necessary intervention needs and treatment plans.

Treatment plans are designed to meet individual client and family needs, with regular reassessments and plan modifications as needed, based on goals and objectives.

Treatment areas may include:

- Fine motor skills
- Oral motor skills and swallowing
- Sensory motor intervention
- Daily living activities
- Visual motor and perceptual skills
- Community- and leisure-based activities, and social participation skills
- Strength, endurance, and mobility
- Prerequisite skills for students, such as handwriting
- Rehabilitation for hand/arm and limb differences associated with birth, accident, or injury
- Assessment and recommendation of adaptive equipment, splinting, seating, and positioning components

## Our Facility

The Occupational Therapy Outpatient Clinic is located in the Kennedy Krieger Outpatient Center. The clinic is a spacious, light-filled environment featuring the latest equipment and modalities, including:

- Our state-of-the-art sensory-motor gym
- Dedicated space to conduct equipment evaluations with access to demonstration equipment
- Precision Rehab Mold (PRM) simulation equipment
- A therapeutic kitchen and bathroom

*“We have seen tremendous improvements in our daughter’s fine motor skills, such as writing, cutting, and coloring in the lines. Her therapist is so supportive and a great advocate for our daughter, and she’s always so excited about our daughter’s accomplishments.”*

– Parent of patient

## Contact Information

### Occupational Therapy Outpatient Clinic

For more information or to schedule an appointment, please call 443-923-9400, or toll-free at 888-554-2080.

**TTY:** 443-923-2645 or Maryland Relay 711  
**kennedykrieger.org**

### Physicians & Healthcare Professionals

Healthcare professionals wishing to refer a patient should call our Physician Referral Line at 443-923-9403.

### Clinic Location\*:

801 North Broadway  
Baltimore, MD 21205

*\*Most appointments are scheduled at the above location unless otherwise notified.*

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Care is provided in a manner that preserves cultural, psychosocial, spiritual and personal values, beliefs, and preferences. We encourage patients and families to become active partners in their care by asking questions, requesting resources, and advocating for the services and support they need.



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