

Participate in a Noninvasive Research Study to Explore Chronic Pain in Individuals With Cerebral Palsy

Kennedy Krieger is seeking individuals to participate in a research study. The purpose of this study is to understand if cognitive behavioral therapy (CBT) can improve pain-related impairment in adults with cerebral palsy. All participation is done virtually.

Who is eligible?

- Individuals age 18 and older with a diagnosis of cerebral palsy
 - Individuals who have previously received CBT for chronic pain are not eligible for this study.

What is involved?

- CBT-CP involves weekly group-therapy sessions for 12 weeks. Participants will so receive an additional 12 weeks of their usual medical care in addition to being given an educational booklet on chronic pain.
- An assessment survey will be administered 3-, 6-, 9-, and 12-months post study start date; a total of 4 assessments for those who complete the length of the study.

Each participant will receive \$100 for completing the study.

Scan the QR code to learn more or email:

CPPainStudy@KennedyKrieger.org



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There is no medical benefit or significant risk to you being in this study.
The primary benefit is to gain new knowledge.



Kennedy Krieger Institute